

# Amanda Waltz

**COPPER KNOB**  
STEPSHEETS

拍數: 30      牆數: 2      級數: Beginner waltz  
編舞者: Marie Louw (SA) - February 2020  
音樂: Amanda - Steve Hofmeyr & Demi Lee Moore



## Intro – Start on Lyrics

### FORWARD KICK, KICK, BASIC WALTZ STEP BACK

1-3                Step forward on left, kick right foot x2  
4-6                Step back on right, step left next to right, step right in place

### STEP FORWARD, ½ TURN LEFT, BASIC WALTZ STEP BACK.

1-3                Step forward on left foot, ½ turn left, step right to right side, step left next to right  
4-6                Step right back, step left next to right, step right in place.

### STEP FORWARD POINT, STEP BACK POINT

1-3                Step forward on left foot, point right toe to right side  
4-6                Step back on right foot, point left toe to left side.

### ROLLING VINE FULL TURN, CROSS ROCK SIDE

1-3                ¼ turn left, step left forward, ¼ turn left step right foot to right side ½ turn left, step left to left side  
4-6                Cross right foot over left, recover on left, step right to right side.

### THE WALTZ BOX

1-3                Step left foot forward, step right foot to right side, step left next to right.  
4-6                Step Right foot back, step left foot to left side, step right foot next to left foot.

Start from beginning.

Contact: [louw@truewan.co.za](mailto:louw@truewan.co.za)

---