Saying Goodbye

拍數: 72

級數: Intermediate waltz

編舞者: Joshua Talbot (AUS) - February 2020

音樂: Monsters - James Blunt : (Album: Once Upon A Mind)

S1: PIVOT ½, FWD, ½ BACK, ¼ SIDE, L TWINKLE, R ½ TWINKLE

- 123 Step L fwd, 1/2 turn R for 2 counts on ball of L keeping weight on L foot - 6.00
- 456 Step R fwd, 1/2 R step L back, 1/4 R step R to R - 3.00
- Cross step L over R, rock R to R, recover weight L 123
- 456 * Cross step R over L, ¼ R step L back, ¼ R step R to R* - 9.00

S2: CROSS STEP, KICK/RAISE, BASIC BACK, L TWINKLE, R ½ TWINKLE

- 123 Cross step L over R, kick/raise R foot to R diagonal for 2 counts - 3.00
- 456 Step R back, step L together, step R fwd

(Hint: When you kick and basic back you should still be on the R diagonal, straightening your body on the next twinkle)

123 Cross step L over R, rock R to R, recover weight L

456 ** Cross step R over L, ¼ R step L back, ¼ R step R to R** - 3.00

S3: L TWINKLE, FULL ROLL, SIDE DRAG, BASIC 34

- 123 Cross step L over R, rock R to R, recover weight L
- 456 Cross step R over L, 1/4 R step L back, 1/2 R step R fwd
- 123 1/4 R Step L to L, drag R towards L for 2 counts
- 456 1/4 R step R fwd, 1/2 R step L together, step R together - 12.00

(Non-turning option: instead of the full roll, replace with a cross weave: Cross, Side, Behind)

S4: BASIC BACK, STEP SWEEP, L TWINKLE, R TWINKLE

- 123 Step L back, step R together, step L together
- 456 Step R fwd, sweep L from back to front for 2 counts
- 123 Step L in front of R, rock R to R, recover weight L
- 456 Step R in front of L, rock L to L, recover weight R

S5: FWD STEP, ¼ TOUCH, HOLD, ¼ FWD, ¼ SWEEP, L TWINKLE, R TWINKLE

- 123 Step L fwd, ¼ L touch R toe to R side, HOLD - 9.00
- 456 ¹/₄ R step R fwd, sweep L from back to front making a ¹/₄ R - 3.00
- 123 Cross step L over R, rock R to R, recover weight L
- 456 Cross step R over L, rock L to L, recover weight R

S6: FALL AWAY DIAMOND

- Cross L over R, step R to R, 1/8 L step L back L 1.30 123
- 456 Step R back, 1/8 L step L to L, 1/8 L step R fwd - 10.30
- 123 Step L fwd, 1/8 L step R to R, 1/8 L step L back - 7.30
- 456 Step R back, 1/8 L step L together, step R fwd - 6.00
- [72] counts

Restart: Wall 3 & 8, dance to count 24** straighten to back wall to Restart.

Wall 6 dance to count 12* replacing the ¼ on count 12 to a ½ turn to Restart on back wall Although the restarts happen on different counts of the dance, they happen on the same step (Twinkle, twinkle $\frac{1}{2}$).

So, once you learn one restart, apply to them al 3I. All 3 restarts will have you restarting on the back wall





牆數:2

To Finish, Dance to count 12 on wall 10, replacing the ¼ on count 12 to a ½ to face front and step fwd L

If you are looking at a split floor for your upper beginner or an easy Improver dance. Check out "Little Goodbye" Choreographed by Myself. 24 count 4 walls.

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