

# Catchy Dance

**COPPER** **KNOB**  
BY SHEETS

拍數: 32      牆數: 4      級數: Ultra Beginner - Kids dance  
編舞者: Michelle Wright (USA) - February 2020  
音樂: Catchy Song (feat. T-Pain & That Girl Lay Lay) - Dillon Francis : (Album: Lego Movie 2 Soundtrack)



## Alternative music:

Dancin' while intoxicated by Colt Ford, Locash, Redneck Social Club

Boys by Lizzo

Strip that down by Liam Payne, Quavo

## Section 1: 2 "v" steps

1,2,3,4      step R forward on diagonal, step L forward on diagonal, step R back, step L together  
5,6,7,8      step R forward on diagonal, step L forward on diagonal, step R back, step L together

## Section 2: R+L side jumps with hip shakes

&1      jump To R side, touch L next to R  
2&3&4      Bump L hip up, recover back center Bump L hip up, recover center, bump L hip up  
&5      Jump to L side, touch R next to L  
6&7&8      Bump R hip up, recover center, Bump R hip up, Recover center, bump R hip up, recover center

(section also know as jump and shake it, shake it,shake it for my kids)

## Section 3: 2 forward step touch w/ claps, 2 back step touch w/ claps w/ ¼ turn

1,2,      Step R forward,touch L next to R and clap  
3,4      Step L forward, touch right next to L and clap  
5,6      Step R back, touch L next to R and clap  
7,8      Step L to L ¼ turn, touch R next to L and clap

(Can be modified to make easier see note at bottom)

## Section 4: conga walk

1,2,3,4      wall forward R,L,R, kick L forward  
5,6,7,8      wall back L,R,L, touch R next to L

## End of dance

I choreographed this for my kids and family movement classes. It's just for fun.

NOTE: Feel free to make it a 1 wall dance by taking out the ¼ turn in section 3. I can guarantee this song will get stuck inside your head... it's just a Catchy song!

Any questions email me at [Michellelinedance@gmail.com](mailto:Michellelinedance@gmail.com)