

Hey Cowgirl (P)

COPPER **KNOB**
BY STEPHEN PISTOIA

拍數: 32 牆數: 0 級數: Beginner Partner
編舞者: Stephen Pistoia (USA) - February 2020
音樂: Hey Cowgirl - Randall King : (iTunes)



Intro: 32

Side by side position. Man's FT work described. Woman same.

(1-8) WALK WALK SHUFFLE RT WALK BACK LT,RT SHUFFLE LT

1-2 step RF forward – step LF forward
3&4 step RF out to RT – step LF next to RF – step RF out to RT
5-6 step LF back – step RF back
7&8 step LF out to LT – step RF next to LF – step LF out to LT

(9-16) WALK WALK RT SHUFFLE, WALK WALK LT SHUFFLE

1-2 step RF forward -step LF forward
3&4 step RF forward – step LF next to RF – step RF forward
5-6 step LF forward – step RF forward
7&8 step LF forward – step RF next to LF – step LF forward

(17-24) WALK WALK RT SHUFFLE AROUND ½ TURN TO RT, WALK WALK LT SHUFFLE ½ TURN TO RT (BOTH COUPLES ARE MAKING A FULL CIRCLE)

1-2 step RF forward making turn to RT – step LF forward making turn to RT (3:00)
3&4 step RF forward making turn to RT – step LF next to RF – step RF forward making turn to RT(6:00)
5-6 step LF forward making turn to RT – step RF forward making turn to RT(9:00)
7&8 step LF forward making turn to RT – step RF next to LF – step LF forward making turn to RT (12:00)

(25-32) ROCK RECOVER SHUFFLE BACK, ROCK RECOVER SHUFFLE FORWARD

1-2 step RF forward – recover weight on LF
3-4 step RF backwards – step LF next to RF – step RF backwards
5-6 step LF back – recover on RF
7&8 step LF forward – step RF next to LF – step LF forward

Any questions contact me @ pistoias@ymail.com