

Halfway

拍數: 32 牆數: 2 級數: Beginner - Line / Contra
編舞者: Peter Flockhart (UK) - February 2020
音樂: Halfway (feat. Ward Thomas) - James Blunt : (iTunes)



Cha Cha Right, Rock Back , Cha Cha Left, Rock Back

1&2 Step Right Foot to right side, Close Left next to Right, Step Right Foot to right
3-4 Rock Step Left foot back, Rock forward onto Right foot
5&6 Step Left Foot to left side, Close Right next to Left, Step Left Foot to left
7-8 Rock Step Right foot back, Rock forward onto Left foot

Cha Cha forward x2, Two pivot turns

9&10 Step forward on Right, Close Left next to Right Step forward on Right
11&12 Step forward on Left, Close Right next to Left, Step forward on Left
13-14 Step forward on Right, Pivot ½ Turn left, weight to Left
15-16 Step forward on Right, Pivot ½ Turn left, weight to Left

Jazz boxes ¼ turn right, Cha Cha, Mambo Left

17-20 Step Right over Left, Step Back on Left turning ¼ to Right, Step Right to right, Close Left to Right
21&22 Step Right to right, close Left to Right, Step Right to right
23&24 Rock Left to left, Rock weight back to Right, Close Left to Right

Mambo Right, Cha Cha , ½ Turn, ¼ Turn

25&26 Rock Right to right, Rock weight back to Left, Close Right to Left
27&28 Step Left Foot to left side, Close Right next to Left, Step Left Foot to left
29-30 Step Forward on Right, ½ pivot weigh to Left
31-32 Step Forward on Right, ¼ Paddle Turn weight to left.

Best done in crossing contra lines. During side mambos you should be halfway and you can touch your right palm with your 'partner'
