

# Once, Twice, Forever

拍數: 64      牆數: 4      級數: Improver  
編舞者: Lesley Kidd (UK) - January 2020  
音樂: Freedom - Wham! : (Album: Wham! Make it Big - 5:02)



## Section 1: Diagonal step touch (x2), hip sways (x4)

1 2      Step forward R to R diagonal, touch L beside R  
3 4      Step forward L to L diagonal, touch R beside L  
5 6      Step R to R side, swaying hips to R, sway hips L  
7 8      Sway hips R, sway hips L

## Section 2: Side shuffle R, rock back L, grapevine L with brush

1&2      Step R to R side, step L beside R, step R to R side  
3 4      Rock back on L, recover onto R  
5 6      Step L to L side, step R behind L  
7 8      Step L to L side, brush R foot forward

(Restart here on walls 4 and 8)

## Section 3: Step ¼ turn, touch (x4)

1 2      Step R forward making ¼ turn L, touch L beside R (9:00)  
3 4      Step L forward making ¼ turn L, touch R beside L (6:00)  
5 6      Step R forward making ¼ turn L, touch L beside R (3:00)  
7 8      Step L forward making ¼ turn L, touch R beside L (12:00)

## Section 4: Figure 8 grapevine

1 2      Step R to R side, step L behind R  
3 4      Step R ¼ turn R, step forward L (3:00)  
5 6      Pivot ½ turn R (weight R), turn ¼ R stepping L to L side (12:00)  
7 8      Step R behind L, step L ¼ turn L (9:00)

(Dance tag here on walls 2, 6 and 10 and restart dance)

## Section 5: Step scuff (x2), ¼ paddle turn (x2)

1 2      Step R, scuff L forward  
3 4      Step L, scuff R forward  
5 6      Rock forward R, recover making ¼ turn L  
7 8      Rock forward R, recover making ¼ turn L (3:00)

## Section 6: Weave and point, cross, point, cross, point

1 2      Step R across L, step L to L side  
3 4      Step R behind L, point L to L side  
5 6      Step L across R, point R to R side  
7 8      Step R across L, point L to L side

## Section 7: Weave, pivot ½ turn, shuffle forward

1 2      Step L across R, step R to R side  
3 4      Step L behind R, step R to R side  
5 6      Step forward L, pivot ½ turn R (weight R)  
7&8      Step forward L, step R beside L, step forward L (9:00)

## Section 8: Step, touch, kick ball-change (x2)

1 2      Step R to R side, touch L beside R  
3&4      Kick L forward to L diagonal, step ball of L beside R, step R beside L

5 6 Step L to L side, touch R beside L  
7 8 Kick R forward to R diagonal, step ball of R beside L, step L beside R

**Tag: There is an 8 count tag at the end of Section 4 on walls 2, 6 and 10.**

**Tag Rocking chair, jazz box**

1 2 Rock forward R, recover onto L  
3 4 Rock back R, recover onto L  
5 6 Step R across L, step back L  
7 8 Step R to R side, step forward L

**Restart dance.**

**Restarts: There are 2 restarts.**

**On walls 4 and 8 dance up to count 16 (end of section 2) and restart**

**Choreographer's note:**

**The first 32 counts of the dance can be danced on their own as a beginner floor split, with a small amendment, replace the figure 8 vine in section 4 with grapevine R, grapevine  $\frac{1}{4}$  turn L. The music is rather long so you may wish to fade it out before the end. This version was the shortest I could find! Script is available separately as Once, Twice, Easily Forever.**

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