

Snapchat Strut

拍數: 64 牆數: 4 級數: Improver
編舞者: Rex Allott (UK) - February 2020
音樂: Mambo Rap - Parov Stelar : (from The Burning Spider)



S.1 Cross Shuffle Forward R, L, 1/4 Cross Turn R, L. Mambo Step.(Facing 3 o'clock)

1&2 Step R forward crossing R over L, Step L behind R, Step R forward, Step L next to R.
3&4. Step L forward crossing L over R, Step R behind L, Step L forward, Step ,R next to L.
5-6 Step R over L, Make 1/4 Turn R, Stepping L Side, Step R next to L.
&7&8. Step slightly back on R, Step Forward on L, Return on R, Step L next to R.

S.2 Rpt S.1(Facing 6 o'clock)

S.3 Rpt S.1(Facing 9 o'clock)

S.4 Rpt S.1(Facing 12 o'clock)

S.5 Chasse R, L, Rock Back R, Recover L, R. Mambo Step.

1&2. Step R to R, Step L next to R, Step R to L
3&4 Step L to L, Step R next to L, Step L to L
5-6. Rock back on R, Recover on L
7&8. Step forward R, Step back on L, Step R next to L

S.6 Rpt S.5.

S.7 Heel Fans R, L, Elvis Knees R, L, L Heel Grind with 1/2 Turn R, R Mambo Step.(6 o'clock)

1&2& Fan R Heel R, Fan L heel L, Return
3&4& Swing R Knee L, Swing L Knee R, Return.
5-6. Turn 1/2 R on L Heel, Keeping Weight on L Heel
7&8 Step R Forward, Recover on L, Step R next to L

S.8. Rpt S.7.(12 o'clock)

TAG. After 3rd & 5th S.2 (6 o'clock)

Intro. Step R to R, Step L next to R

S.9 Jazz Box with Cross Toe Struts, 1/2 Turn L

1-2 R Toe Strut
3-4 Cross L over R, L Toe Strut
5-6 Cross R over L, R Toe Strut
7-8 Make 1/2 Turn L, Stepping L Forward, Step R Next to L

S.10 Jazz Box with Cross Toe Struts.

1-2 L Toe Strut
3-4. Cross R Over L, R Toe Strut
5-6. Cross L Over, R, L Toe Strut
7-8. Step Back on R, Step L Next to R

S.11 R Kick Ball Cross x 2, Rock R, Recover, L Behind, Side Cross.

1&2. Kick R Foot Forward, Return, Cross L over R
3&4. Repeat 1&2
5-6. Step R to R, Return on L

7&8. Step R behind L, Step L to L, Step R over L

S.12 L Kick Ball Cross x 2, Rock L, Recover, R Behind Side Cross.

1&2. Kick L Foot Forward, Return, Cross R over L

3&4. Repeat 1&2

5-6. Step L to L, Return on R

7&8. Step L behind R, Step R to R, Step L over R

S.13 Rpt S.5

S.14 Rpt S.5

S.15 Rpt S.7

S.16 Rpt S.7
