

Sexy Sexy Music

COPPERKNOB
STEPSHEETS

拍數: 48
編舞者: Evonne Ng (MY) - February 2020
音樂: Sexy Music - The Nolans

級數: Easy Intermediate Funky Disco



Intro: 32

Sequence: 48 48 32 48 32 32 48 16(start dance from 33 counts to 48) 32 32 8

Ending: For the last 8 count, make it walk forward on R L R L facing 3.00 (1 2 3 4), swivel / twist both heels to R ¼ turn L facing 12.00 (5), L (&), R (6), Swivel / twist both heels to L (7), R and weight on your R with any pose (8)

Section 1: Walk forward R L R L, twist R L R, L R

1 – 4 Walk forward on RF (1), LF (2), RF (3), LF (4)
5 & 6 Swivel / Twist both heels to R (5), L (&), R (6)
7 – 8 Swivel / Twist both heels to L (7), R (8)

Section 2: Rolling vine to L facing diagonal L, chest pump x 4

1 – 2 Step forward on LF ¼ turn L (1), step back on RF ½ turn L (2)
3 – 4 Step LF to L ¼ turn L facing 10.30 (3), step RF beside LF (4)
5 – 8 Chest pump x 4 (5 & 6 & 7 & 8)

Section 3: Forward touch ¼ turn R, cross touch, jazz box

1 – 2 Step forward on RF ¼ turn R (1), Touch LF to L (2)
3 – 4 Cross LF over RF (3), touch RF to R (4)
5 – 6 Cross RF over LF (5), recover weight on LF (6)
7 – 8 Step RF to R (7), cross LF over RF (8)

Section 4: Side touch R L, back touch R L

1 – 2 Step RF to R (1), touch LF beside RF (2)
3 – 4 Step LF to L (3), touch RF beside LF (4)
5 – 6 Step back out on RF to R (5), touch LF beside RF (6)
7 – 8 Step back out on LF to L (7), touch RF beside LF (8)

Section 5: R L hip bump for four beats

1 – 2 R hip bump at the same time step RF to R ¼ turn R (1), R hip bump (2)
3 – 4 R hip bump (3), R hip bump (4)
5 – 6 L hip bump (5), L hip bump (6)
7 – 8 L hip bump (7), L hip bump (8)

Section 6: Out, out, in, in, twist R L R, twist L R, hitch

1 – 2 Step out on RF to R diagonal (1), step out on LF to L diagonal (2)
3 – 4 Step back on RF in place (3), step back on LF in place (4)
5 & 6 Step RF to R with swivel / twist both heels to R (5), L (&), R with pop L knee (6)
7 & 8 Swivel / twist both heels to L (7), R (&), recover on LF with hitch on RF (8)

Note: Special thanks to my friend Han Jou for suggesting this to be nice song for Choreography and hope linedance friends enjoy my dance, thank you!

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