La Libertad



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Nathalie LATERRIERE (FR) - January 2020

音樂: La Libertad - Álvaro Soler



Start: 16 counts - 1 Restart - 1 TAG

S1: CROSS SAMBA R/L TRAVELLING FORWARD, POINT R AND HEEL SWIVELS, SAILOR 1/4 T R	
1&2	RF makes a big step across LF in the R diagonal, rock LF to L , Recover on RF in the R diagonal
3&4	LF makes a big step across RF in the R diagonal, rock RF to R , Recover on LF in the L diagonal
5&6	Touch RF forward with 1/8 T R (12:00), swivel on both heels to R and center (end weight on

7&8 1/4 T R while stepping RF behind LF, step LF to L, step RF to R (3:00)

S2: CROSS POINT L, POINT SIDE L, SAILOR, CROSS POINT R, POINT R SIDE, PUSH TURN 1/2T L

1-2 Point LF across RF in the R diagonal, point LF to L
3&4 Step LF behind RF, step RF to R, step LF to L
5-6 Point RF across LF in the L diagonal, point RF to R

7-8 Keeping weight on LF point RF to R with ¼ T L (12:00), point RF to R with ¼ T L (9:00)

RESTART on wall 4 Start the dance again facing 6:00

S3: SAMBA WHISK R/L, TRIPLE FORWARD R, 1/2 T R, STEP BACK L / R WITH TOUCH

Step RF to R, step ball of LF behind RF, recover on RF
 Step LF to L, step ball of RF behind LF, recover on LF (TAG on wall 9)
 Step RF forward, step LF next to RF, step RF forward

&7&8 1/2 T R stepping back on LF and touching RF forward, step back on RF and touch LF forward

S4: SIDE MAMBO L/R WITH BUMP, FULL VOLTA TURN L

Step LF to L with bump L, recover on RF, step LF next to RF
Step RF to R with bump R, recover on LF, step RF next to LF
Step LF forward with ¼ T L (12:00), lock RF behind LF, Step LF forward with ¼ T L (9:00)
Lock RF behind LF, Step LF forward with ¼ T L (6:00), lock RF behind LF, Step LF forward with ¼ T L (3:00)

TAG: On wall 9 (start facing 6:00), dance the 8 following counts after the first 4 counts of section 3 (you'll be facing 3:00)

JAZZBOX R, CROSS R, FULL PIVOT TURN L

1-2 Step RF across LF, step back on LF3-4 step RF to R, step LF forward

5-6 Step ball of RF across LF, rotate slowly to L on both balls

7-8 Keep rotating to L while transferring your weight on L heel and keeping your weight on ball of

RF, end your full turn your feet cross (end weight on LF)

Last Update - 21 Feb. 2020