

Signed, Sober You

拍數: 32 牆數: 0 級數: High Beginner
編舞者: Noreen Wall (UK) - February 2020
音樂: SIGNED, SOBER YOU - HARDY



Start On Vocals.

(S1) NIGHT CLUB STEPS- SIDE RIGHT BASIC, SIDE LEFT BASIC.

1-2& step side right, rock left behind right, recover weight on right foot
3-4& step out to left, rock right behind left, recover weight on left foot.

(S2) WEAVE RIGHT SIDE, RECOVER, CROSS LEFT.WEAVE LEFT SIDE, RECOVER, CROSS RIGHT.

1&2& right to right, left behind, right to right, cross left over right.
3&4 rock right to right, recover on left, cross right foot over left.
5&6& left to left, right behind, left to left, cross left over right
7&8 rock left to left, recover on right, cross left over right

(S3) REVERSE RUMBA BOX , ROCKING CHAIR, ½ PIVOT LEFT ,STEP R

1&2 right to right, close left to right, step back on right
3&4 step left to left, close right to left, step forward on left
5&6& rock forward on right, recover on left, rock back on right, recover on left
7&8& step forward on right foot pivot half turn left, to face 6 o'clock, step forward on right

(S4) LEFT ROCKING CHAIR,1/4 TURN LEFT,CROSS, RIGHT ROCK CROSS,LEFT ROCK CROSS

1&2& rock forward on left, recover right, rock back on left, recover on right.
3&4 step forward left make ¼ turn left, face 9 o'clock, cross left over right.
5&6 rock right to right cross over left
7&8 rock left to left cross over right

(S5) RIGHT GRAPE VINE ¼ TURN, PIVOT HALF TURN, STEP LEFT,TOUCH RIGHT BESIDE LEFT.

1&2& step right to right, step left behind right, step right to right making ¼ turn right to face 12 o'clock
3&4& step forward left pivot ½ turn right to face 6,o'clock, step forward left, touch right beside left.

To end dance just step out to right side and hold.

Tag on start of wall 3 facing 12 o' clock, repeat the night club steps.