Mind of Its Own



拍數: 24 牆數: 2 級數:

編舞者: Jennifer Oliphant (USA) - February 2020 音樂: Mind of Its Own - Muscadine Bloodline



Intro - 8 counts. Sequence: Dance, Dance, Tag, Dance, Dance, Tag, Tag, Dance to end

(1-8) R prep, 1 ¼ turn L, cross R, back L, back R, behind L, ¼ turn R, forward R, rock forward L, recover R, back L, drag R

1 Step R to R side, prep

2&3 Full turn L stepping L (2), R (&), ¼ turn L stepping forward on L and sweeping R forward (3)

(9:00)

4&5 Cross R over L (4), step back on L (&), step back on R sweeping L back (5)

6&7&8 Cross L behind R (6), ¼ turn R stepping R forward (&), rock L forward (7), recover back on R

(&), step back on L dragging R foot (8) (12:00)

(9-16) R coaster step, L side rock, recover R, cross L, slow unwind, ¼ turn R, forward R, side step L, ¼ turn R step together, heels up, heels down

1&2 R coaster step – back to R diagonal on R (1), back on L (&), cross R over L at diagonal (2)

(10:30)

3&4 L side rock and cross – rock L to side (3), recover on R (&), cross L over R (4)

5.6 Full turn slow unwind to R (5), ¼ turn R stepping R forward (6)

7&8& Step L to L side while making a ¼ turn R (7), bring RF together with L (&), bring heels up with

weight on toes (8), bring heels down placing weight on R foot (&) (6:00)

(17-24) Back L, sweep R, back R, sweep L, L coaster step, full turn L, ¼ turn L, side step R, recover L, ½ turn jazz box R

1,2 Step back on L sweeping R back (1), step back on R sweeping L back (2)

3&4 L coaster step – back on L (3), back on R (&), forward on L (4)

5&6& Full turn L stepping R (5) L (&), 1/4 turn L stepping R out to side (6), recover L (&)

7&8& Jazz box with a ¼ turn right – cross R over L (7), ¼ turn R stepping back on L (&), step R to

R side (8), cross L over R (&) (6:00)

*Restart Dance!

TAG: End walls 2 and 4

(1-8) Nightclub basic x2 – slide R, step together L, cross R, step L, ½ turn R corkscrew, step R, cross L

1,2& Big step R slowly sliding LF (1), step L together with R (2), cross R over L (&)

3,4& Step L to L side while ½ turn R corkscrew (3), place RF slightly to side (4), cross L over R (&)

5,6& Big step R slowly sliding LF (1), step L together with R (2), cross R over L (&)

7,8& Step L to L side while ½ turn R corkscrew (3), place RF slightly to side (4), cross L over R (&)

*Song ends at count 17 so step back L and sweep R, ending in a pose facing starting front wall Dance should be slow and smooth, flowing through the steps. Feel the music and have fun with it!!

Many, MANY thanks to Jonno Liberman for your incredible advice, insight, patience, dance knowledge, and support.

You are the awesome and I appreciate you greatly!!