

The Pennsylvania Polka!

COPPER KNOB
STEPPEDETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - February 2020
音樂: Pennsylvania Polka - Bobby Vinton



Intro: 8 counts

STOMP/KICK TRIPLE STEP X 2 (RL)

1-2 Stomp RF down, kick RF forward
3&4 Step RF down, Step LF beside R, Step RF in place
5-6 Stomp LF down, kick LF forward
7&8 Step LF down, Step RF beside L, Step LF in place

RF ROCK/RECOVER, TURNING SHUFFLES (1/2 R, 1/2 R), RF ROCK BACK/RECOVER

1-2 Rock RF forward, recover LF
3&4 Shuffle back RLR turn 1/2 R
5&6 Shuffle back LRL turn 1/2 R
7-8 Rock RF back, LF recover

JAZZ BOX TURN 1/4 R, STEP HOOK BACK/SLAP X 2

1-2 Step RF over L, Step LF back turn 1/4 R
3-4 Step RF forward, Step LF forward
5-6 Step RF forward, Hook LF behind R knee & slap with R hand
7-8 Step LF together, Hook RF behind L knee & slap with L hand

FULL CIRCLE TURNING POLKA SHUFFLES

1&2 Shuffle forward RLR
3&4 Turning 1/2 L Shuffle forward LRL
5&6 Shuffle forward RLR
7&8 Turning 1/2 L Shuffle forward LRL

Styling suggestion: hands on hips

REPEAT

No Tags, No Restarts

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