

Tractor Polka Tree

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner Polka
編舞者: Maie Kaasik (EST) - September 2019
音樂: Tractor Polka - Atomik Harmonik



Dance start at vocal

R Cross rock ,Shuffle to R side, L Cross rock, Shuffle to L side

1-2 Cross rock R over L ,recover back on L
3&4 Step R to R side, step L next to R ,step R to R side
5-6 Cross rock L over R ,recover back on R
7&8 Step L to L side, step R next to L ,step L to L side

R Stomp ,kick ,coaster step , L Stomp ,kick ,coaster step

1-2 R stomp beside L , R kick forward
3&4 R coaster step back
5-6 L stomp beside R , L kick forward
7&8 L coaster step back

R shuffle forward ,L shuffle forward , Step ½ pivot , 2x stomp

1&2 Step R forward , Step L next to R , Step R forward
3&4 Step L forward , Step R next to L , Step L forward
5-6 Step R fwd , pivot ½ turn L weight L foot (6:00)
7-8 2 stomp R,L

R Kick Ball Change 2x ,Step ½ pivot 2 x

1&2 Kick R forward ,step R beside L,Step L down in place
3&4 Kick R forward ,step R beside L,Step L down in place
5-6 Step R forward, pivot ½ turn L weight L foot
7-8 Step R forward ,pivot ½ turn L weight L foot

Repeat

Last Update - 29 Jan. 2023 - R1