

# Breaking Me

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Matt Lewis (UK) & Ray Jones (WLS) - February 2020  
音樂: Breaking Me - Topic & A7S



No Tags, No Restarts

Start on Main Beat (Approx. 19 secs)

## [01 - 08] Kick Ball Step, Step Point, Weave, Skate, Skate

1&2      Kick right forward, step right beside left, step left forward  
3-4      Step right forward, point left to left  
5&6      Step left behind right, step right to right, cross left over right  
7-8      Skate right forward, skate left forward

## [09 - 16] Side Shuffle, Cross Rock, Side Shuffle, Rock

1&2      Step right to right, step left beside right, step right to right  
3-4      Cross rock left over right, recover weight back on to right  
5&6      Step left to left, step right beside left, step left to left  
7-8      Rock right back, recover weight to left

## [17 - 24] Side, Together Together ¼ Side, Together Together Forward, Walk, Step Lock Step

1      Step right to right  
2&3      Step left beside right, step right beside left, turn ¼ right step left to left  
4&5      Step right beside left, step left beside right, step right forward  
6      Step left forward  
7&8      Step right forward, lock left behind right, step right forward

## [25 - 32] Rock Sweep, ½ Sailor Step, Kick Ball Touch, & Down & Step

1-2      Rock left forward, recover weight back on to right sweeping left from front to back  
3&4      Step left behind right, turn ¼ left step right to right, turn ¼ right step left forward  
5&6      Kick right forward, step right beside left, touch left forward  
&7      Push hips slightly forward, bend knees push hips back  
&8      Push hips forward, step left forward

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