

Like a Sparrow

拍數: 32 牆數: 2 級數: Improver
編舞者: Oli Geir (ICE) - February 2020
音樂: A Love to Last a Lifetime - Juris : (Spotify and Amazon)



Or: with "Jose Peña Jr. (Nonoy) on YouTube

Intro: 16 Counts Intro, Start on Vocals

Cross Rock. Chasse ¼ Turn L. Step Pivot ¼ Turn L. Cross Shuffle.

1-2 Cross Rock L over R, Recover onto R.
3&4 Step L into chasse ¼ turn left, stepping L, R, L. (9)
5-6 Step forward on R. Pivot ¼ turn L. (6)
7&8 Step R across L. Step L to left side. Step R cross L.

L Scissors Step. R Scissors Step. Reverse pivot ½ Turn R.

1-3 Step L to left side. Step R beside L. Step L across R.
4-6 Step R to right side. Step L beside R. Step R across L.
7-8 Turn ¼ turn right stepping back on L. Turn ¼ turn right stepping forward on R (12)

Forward Rock. Coaster Step. Forward Rock. Chasse ½ Turn R.

1-2 Rock forward on L. Recover onto R.
3&4 Step back on L. Step R beside L. Step forward on L.
5-6 Rock forward on R. Recover onto L
7&8 Step R into chasse ½ turn right, steppin R, L, R (6)

Chasse ½ Turn R. Back Rock. Step pivot ½ Turn L. Chasse R.

1&2 Step L into chasse ½ turn right, stepping L, R, L. (12)
3-4 Rock back on R, Recover onto L.
5-6 Step forward on R, Pivot ½ turn L (6)
7&8 Step R to right side. Close L to R. Step R to right side.

Enjoy and Happy Dancing
