

Nggandol Gusti

拍數: 32 牆數: 4 級數: Phrased Easy Beginner
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音樂: Nggandol Gusti - Yusak Sudjarwo



Sequence A,B,A,B,A

(A)

Session I : Out – Out – In – In (2x)

1,2,3,4 Step R Diagonal Forward, Step L Diagonal Forward, Back R in, Close L Beside R
5,6,7,8 idem

Session II : Right & Left – Side, Together, Side, Touch

1,2,3,4 Step R To R Side, Step L together, Step R To R Side, Touch L beside R
5,6,7,8 Step L to L Side, Step R Together, Step L to L Side, Touch R beside L

Session III: Walk Forward R.L.R, Kick – Walk back L.R.L , Touch

1,2,3,4 Walk forward R.L.R. Kick L Forward
5,6,7,8 Walk back L,R,L, Touch R beside L

Session IV : Jazz Box ¼ turn Right - Step Side, Touch (R,L)

1,2,3,4 R Cross Over L, turn ¼ right, L Step Back,R step Side,L close together
5,6 Step R to Side, L touch beside R
7,8 Step L to side, R touch beside L.

(B)

Session I : Rumba box

1,2,3,4 Step R to side, L close beside R, R Step back, hold
5,6,7,8 Step L to side, R close beside L, L step Forward, hold

Session II : Forward mambo, Back Mambo

1,2,3,4 Step R forward, L in place, R close beside L
5,6,7,8 Step L back, R in place, L close beside R

Session III: Step Forward, Pivot ½ left / right, Step forward

1,2,3,4 R step forward, pivot ½ left, L step in place, R step forward
5,6,7,8 L step forward, pivot ½ Right, R step in place, L step forward

Session IV : Side mambo cross, side mambo close

1,2,3,4 Step R to side, L tap in place R cross over L
5,6,7,8 Step L to sde, R tap in place L close beside R

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ENJOY THE DANCE