Little Things

拍數: 32

級數: Advanced NC2S

編舞者: Debbie Rushton (UK) - January 2020

音樂: Little Things - Jessica Mauboy

Count in: There is NO count in (sorry!) Start on the word 'pretty' - with tags and one restart

HITCH, CROSS SIDE, BEND, LIFT, SIDE CROSS 1/4 1/2 1/4 SWEEP CROSS 1/4 TURN

- 1 2& Cross L slightly across R and hitch R knee up and around, Cross R over L, Step L to L side
 3 4 5 Touch R beside L and bend both knees curling shoulders and body down, Stand up straight and lift R into a low kick to R diagonal (angle body to R diagonal), Step R to R side
- 6&7 Cross L over R, Make ¼ turn L stepping back on R, Make ½ turn L stepping L fwd (3oclock)
- &8& Sweep R round making ¼ turn L, Cross R over L, Make ¼ turn R stepping back on L (3oclock)

LIFT, BACK, OUT OUT IN CROSS, BASIC NC2, 3/4 SPIRAL, PRESS

- 1 2 Step back on R and lift your L leg up straight in front, Step back on L
- &3&4 Make ¼ turn R stepping R out to R side, Step L out to L side, Step R beside L, Cross L over R
- 5 6& Step R to R side, Rock L behind R, Recover forward onto R (6oclock)
- 7 8 Make ¼ turn R stepping back on L and spiral a further ½ turn over R shoulder keeping weight on L, Rock forward onto R (prep body to turn back over L shoulder) (3oclock)

SPIN, BACK BACK, SPIN, BACK BACK, COASTER STEP HITCH ½ TURN, ROCK RECOVER

- 1 2& Step back on L and spin a full turn over L shoulder, slightly hitching R knee, Walk back R, L
- 3 4& Step back on R and spin a full turn over R shoulder, slightly hitching L knee, Walk back L, R
- 5&6& Step L back, Step R beside L, Step L forward, Hitch R knee and spin 3/8 turn over L shoulder
- 7 8& Rock forward on R, Recover back onto L, Make ¹/₂ turn R stepping R forward (4oclock)

WALK WALK PRESS, 1 ½ TURN WALK SPIRAL FULL TURN, RUN ROUND 5/8 TURN

- 1 2 3 Walk forward L, R, Press L forward (4 o clock)
- 4&5 Make ½ turn R stepping R fwd, Make ½ turn R stepping L back, Make ½ turn R stepping R fwd
- 6 7 Step L forward, Step R forward and spiral a full turn over L shoulder keeping weight on R
- 8& Run round over L shoulder L, R, making 5/8 turn (you should complete the turn as you step onto your L to begin the dance again on count 1) (3oclock)

TAG – End of walls 2, 4 & 6

HITCH, CROSS ROCK RECOVER, SWAY SWAY SWAY

- 1 2& Cross L slightly across R and hitch R knee up and around, Rock R across L, Recover onto R
- 3 4& Step R to R side and sway body R, Sway L, Sway R

RESTART: During wall 5, dance up to count 15, and replace count 16 by stepping fwd on R. Then restart the dance (facing 3oclock)

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牆數:4