

Ya Saman

拍數: 80 牆數: 0 級數: Phrased Intermediate
編舞者: Muhammad Yani (INA) - January 2020
音樂: Ya Saman – South Sumatra Folk Song



Intro 32 counts

Sequence : A-A-A-B-B-B (16)-Tag 1-C-C-Tag 2-C-C-A-A-A-B-B-B-B-B (16)

A (32 counts)

I. ROCKING CHAIR, STEP SIDE, TOGETHER, SIDE, TOUCH

1,2 Rock R forward, recover on L
3,4 Rock back on R, recover on L
5,6 Step R to right side, step L together
7,8 Step R to right side, touch L beside R

II. FULL TURN TO SIDE, JAZZ BOX ¼ TURN

1,2 ¼ turn left step L forward, ½ turn left step R back
3,4 ¼ turn left step L to left side, touch R beside L
5,6 Cross R over L, ¼ turn right step back on L
7,8 Step R to right side, step L forward

III. TOUCH, TOUCH, COASTER STEP, DOUBLE HEEL TOUCH DIAGONAL

1,2 Touch R forward, touch R to right side
3&4 Step back on R, step L together, step R forward
5,6 Touch L heel to left diagonal (bending R knee), touch L beside R
7,8 Touch L heel to left diagonal (bending R knee), step L beside R

IV. PIVOT TURN 1/2 + 1/4, SHUFFLE ON PLACE

1,2 Step R forward, ½ turn left step on L
3,4 Step R forward, ¼ turn left step on L
5&6 Shuffle R-L-R on place
7&8 Shuffle L-R-L on place

B (32 counts)

I. ROCK SIDE, RECOVER, BEHIND-SIDE-CROSS, ROCK SIDE, RECOVER, CROSS SHUFFLE

1,2 Rock R to right side, recover on L
3&4 Cross R behind L, step L to left side, cross R over L
5,6 Step L to left side, recover on R
7&8 Cross shuffle on L-R-L

II. CROSS, POINT TOUCH, CROSS, POINT TOUCH, JAZZ BOX ¼ TURN

1,2 Cross R over L, point touch L to left side
3,4 Cross L over R, point touch R to right side
5,6 Cross R over L, ¼ turn right step back on L
7,8 Step R to right side, step L forward

III. ROCKING CHAIR, ¼ TURN ROCKING CHAIR

1,2 Rock R forward, recover on L
3,4 Rock back on R, ¼ turn right recover on L
5,6 Rock R forward, recover on L
7,8 Rock back on R, recover on L

VI. SHUFFLE ON PLACE 4x WITH CLAP TWICE

- 1&2 Shuffle R-L-R on place with clap twice besides the right ear
3&4 Shuffle L-R-L on place with clap twice besides the left ear
5&6 Shuffle R-L-R on place with clap twice besides the right waist
7&8 Shuffle L-R-L on place with clap twice besides the left waist

C (16 counts)

I. ROCK, RECOVER, CHASSE

- 1,2 Rock R over L, recover on L
3&4 Chasse on R-L-R to right side
5,6 Rock L over R, recover on R
7&8 Chasse on L-R-L to left side

II. CROSS, SIDE, BEHIND, ¼ TURN STEP FORWARD, ROCKING CHAIR

- 1,2 Cross R over L, step L to left side
3,4 Cross R behind L, ¼ turn left step L forward
5,6 Rock R forward, recover on L
7,8 Rock back on R, recover on L

Tag 1 (4 counts) JAZZ BOX ¼ TURN

- 1,2 Cross R over L, ¼ turn right step back on L
3,4 Step R to right side, step L forward

Tag 2 (4 counts) ROCKING CHAIR

- 1,2 Rock R forward, recover on L
3,4 Rock back on R, recover on L

Ending : on section 2 count of 5 – 8, Jazz box ½ turn to right facing 12:00

Have Fun....

Submitted by - Diba Munaf: dibamunaf68@gmail.com
