

Shortcuts EZ

拍數: 24 牆數: 4 級數: Beginner waltz
編舞者: Åsa Gustafsson (SWE) - February 2020
音樂: Shortcuts (I Can't Wait) - Molly Hammar



(floorsplit to my dance: SHORTCUTS)

Count in:12

MUSIC: most waltz music. Examples.....

Music to my eyes- Lady Gaga, Bradley Cooper (A star is born)

Woman- Florida Georgia (feat Jason Derulo)

Painting Pillows- Lauren Alaina

[1-6] :Basic L fwd, basic R back

123 Step L fwd, R beside L, L beside R

456 Step R back, L beside R, R beside L

[7-12]: L fwd sweep R. R fwd sweep L

123 Step fwd on L, sweep R toe from back to infront of L

456 Step fwd on R, sweep L toe from back to infront of R

[13-18]: L twinkle, R Twinkle turn ¼ R to 3 O'clock

123 Step L across R, R to R, recover on L

456 Step R across L turn ¼ R stepping L back, R beside L

[19-24]: Step L fwd and drag R, step R back drag L

123 Step long step fwd on L, drag R from back and touch R beside L heel.

456 Step long step back on R, drag L from front and touch L toe beside R toe

Start again, No Tags, No Restarts
