

9 to 5

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Brenda Holcomb (USA) - January 2020
音樂: 9 To 5 - Dolly Parton



R TOE-HEEL-STOMP, L TOE HEEL-STOMP, SKATE, SKATE, SKATE, SKATE

1&2 Touch R toe, touch R heel, stomp R forward
3&4 Touch L toe, touch L heel, stomp L forward
5-6 Step R diagonal forward, Step L diagonal
7-8 Step R diagonal forward, Step L diagonal
(restart is here at 9 o'clock) music only

ROCK FWD R, ROCOVERY L, SHUFFLE BACK R, ROCK BACK L, ROCOVERY R, SHUFFLE L FWD

1-2 Rock forward R, recovery back on L
3&4 Shuffle back R (step, together, step, R,L,R)
5-6 Rock back L, recovery back on R
7&8 Shuffle forward L (step, together, step L,R,L)

CROSS ROCK, ¼ T RIGHT, STEP IN PLACE, HEEL SWITCHES WITH CLAPS

1-2 Cross R over L, Recover L
3-4 1/4 Turn R STEP R,L in place
5&6& R heel forward & back together (5&), L heel forward & back together(6&)
7&8 R heel forward & Clap, Clap

RIGHT CHARLESTON 2X

1-2 Step R in place, kick L forward
3-4 Step L back in place, Touch R back
5-6 Step R in place, Kick L forward
7-8 Step L back in place, touch R back

RESTART is at 9 O'clock

Restart: On wall 4, go through counts 1-8 then Restart Dance

**Just for FUN.... raise those hands up on last part of Charleston they sing, "IT'S ENOUGH TO DRIVE YOU"
.....get ready and raise those hands on "CRAZY IF YOU LET IT!"
Done on walls 3 (6 o'clock) wall 6 (3 o'clock) wall 8 (9'oclock).**

Last wall is front wall after skates just walk off like you are now going about your business.