

Con Altura

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: EZ
編舞者: Unai Pino Navarro (ES) & Joan Morro (ES) - February 2020
音樂: Con Altura (feat. El Guincho) - ROSALÍA & J Balvin



intro 16 counts, start 17 seconds

[1-8] DOROTHY R, MAMBO STEP L, COASTER STEP, TOUCH & HIP BUMP

1&2 RF step fwd diagonally on heel, LF step near RF, RF step in place,
3&4 LF Step Fwd, RF recover, LF Step bwd
5&6 RF Step bwd, LF step next rf, RF Step fwd
7&8 LF Touch fwd, lift you left hip and make a bump, down your left hip

[9-16] BOTAFOGO X 2, HALF DIAMOND

1&2 LF Cross over RF, RF rock side right, LF Recover
3&4 RF cross over LF, LF Rock Side left, RF Recover
5&6 LF cross over RF (1.30), RF Step Side right (12.00), LF Step Bwd (10.30)
7&8 RF Step bwd (10.30), LF Step side left (9.00), RF Cross over left (6.00)

[17-24] CROSS X 4, MAMBO R&L

1&2& LF Cross over right, RF step side, LF Cross over right, RF step side
3&4 LF Cross over right, RF step side, LF Cross over right,
5&6 RF Mambo R, LF recover, RF step together Left
7&8 LF Mambo L, RF recover, LF step together right

[25-32] WALK BWD X 3, TOUCH & BODY ROLL X 2

1-4 RF Step bwd, LF Step bwd, RF step bwd, LF Touch fwd
5-8 Body Roll x 2 finish with the weight on the LF

Tag 1 when you finish the second wall, you will be looking at 12:00 start tag 1 and end at 6.00

Tag 2 When you are making the fifth wall, after Half diamond, you will replace step number 16, with a touch of the right foot next to the left and start the tag at 12:00 ending it again at 6.00

[1-8] TAG, PADDLE WITH BOUNCING

1-2 RF Stomp Fwd, LF Recover (12:00)
3-4 RF Stomp Fwd, LF Recover (10:30)
5-6 RF Stomp Fwd, LF Recover (7:30)
7-8 RF Stomp Fwd, LF Recover (6:00)

Enjoy it with a lot of flow and remember CON ALTURA!