

Como Te Mueves (How do you move)

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - February 2020
音樂: Como Te Mueves – Beppe Aliano band



Intro: 16 counts (approx. 13secs)

S1: Side Mambo, Chasse 1/4L, Paddle 1/4Turn L 2X

1&2 Step R to right side, Recover on L, Step R next to L.
3&4 Step L to left side, Step R next to L, 1/4turn L stepping L forward (9:00).
5-6 Paddle 1/4 L with touch R toe forward while rolling hips counter-clockwise (6:00).
7-8 Paddle 1/4 L with touch R toe forward while rolling hips counter-clockwise (3:00).

S2: Cross Rock/Recover, Side, Cross Rock/Recover, 1/4Turn L Forward, Side, Together, Chasse

1&2 Rock cross R over L, Recover on L, Step R to right side.
3&4 Rock cross L over R, Recover on R, 1/4turn L stepping L forward (12:00).
5-6 Step R to right side, Step L next to R.
7&8 Step R to right side, Step L next to R, Step R to right side.

S3: Rock Cross/Recover, Rock Side/Recover, Cross, Point, Cross Touch, Side Touch, Cross, 1/4turn R back, Side

1&2& Cross L over R, Recover on R, Step L to left side, Recover on R.
3-4 Cross L over R, Point L to left side.
5-6 Touch cross R over L, Touch R to right side.
7&8 Cross R over L, 1/4turn R stepping L back, Step R to right side. (3:00).

S4: 1/4Turn R Touch & Hip Bump, 1/4 Turn R Step Down In Place, Coaster Step, Forward-Lock 3X, Forward

1-2 Make a 1/4turn R with tap L to left side & hips bump to left (6:00), 1/4turn R while Step L down In place (9:00).
3&4 Step R back, Step L next to R, Step R forward.
5&6& Step L forward, Lock R behind L, Step L forward, Lock R behind L.
7&8 Step L forward, Lock R behind L, Step L forward.

Ending: On Wall 9 (facing 12:00) dancing S4 until count 4, then do this step

5&6&7&8 Lock step around in a circle making a 3/4turn L (facing 12:00).

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