

Into the Light

拍數: 32 牆數: 4 級數: Improver
編舞者: Andrew Hobman (UK) - February 2020
音樂: Into The Light - Arlissa



Intro – 16 counts

S1 (Figure of 8 to face 9 o'clock) Side, behind, ¼ turn, step pivot ½ turn step, ¼ turn right, behind, quarter turn left.

1,2 Step right to right side, cross left behind right
3,4 Make quarter turn right stepping forward on right, Step forward on left.
5,6 Pivot ½ turn right Step right foot forward, ¼ turn right stepping left to left side
7,8 Cross right behind left, ¼ turn left stepping left foot forward

S2 Side rock cross shuffle, side rock ¼ turn right, forward shuffle.

1,2 Rock right to right side, recover weight on left
3&4 Step right across left, step left to left side then step right across left
5,6 Step left making ¼ turn right then step right foot forward.
7&8 Step left foot forward, step right beside left, step left foot forward

S3 Rock recover, right shuffle backwards, full turn left in 2 counts into left sailor step

1,2 Step forward on right recover weight back on left
3&4 Step right behind left, step left beside right, step right behind left
5,6 While travelling backwards make ½ turn over left shoulder stepping on left and continue to make another ½ turn over left stepping back on right.
7&8 Left sailor step - Step left behind right, step right beside left, step left foot forward.

S4 Cross point, samba step, right jazz box making ¼ turn right

1,2 Step right across left and point left to left to left side
3&4 Step left across right, step right to right side step left beside right.
5,6 Step right across left, step back on left
7,8 ¼ turn right stepping on right, step left beside right.

Restarts x2-

Wall 6 after 8 counts (after the figure of 8) restart the dance.

Wall 8 after 24 counts (after the left sailor step) restart the dance.