

Fernando

拍數: 48 牆數: 4 級數: Beginner
編舞者: Rossana HB (INA) - September 2019
音樂: Fernando - ABBA



Count in : When they say "Fernando"

Section 1 (1 - 8) : Rocking Chair, Grapevine, Touch

1 2 3 4 Rock forward on RF(1), Recover on LF (2), Rock back on RF (3), Recover on LF (4)
5 6 7 8 Step RF to right (5), Cross LF behind RF (6), Step RF to Right (7), Touch LF close RF (8)

Section 2 (9 -16) : Grapevine, Touch, Rocking Chair

1 2 3 4 Step LF to left (1), Cross RF behind LF (2), Turn Left ¼ LF (3) (09:00), Touch RF close LF (4)
5 6 7 8 Rock forward on RF(5), Recover on LF (6), Rock back on RF (7), Recover on LF (8)

Section 3 (17 - 24) : Pivot ½ turn, Step Forward, Point, Step Forward, Point, Step Forward

1 2 3 4 Step RF forward (1), Turn ½ LF forward (2) (03:00), Step RF forward (3), Step LF forward (4)
5 6 7 8 Step point RF to Right (5), Step RF to forward LF (6), Step point LF to Left (7), Step LF forward (8)

Section 4 (25 - 32) : Step Back 2x, Kick 2x, Sway

1 2 3 4 Step back RF (1), Step back LF (2), Kick on RF (3), Step RF to Right (4),
5 6 7 8 Kick on LF (5), Step LF to Left (6), Hip Bumps to Right (7), Hip Bumps to Left (8),

Section 5 (33 - 40) : ¼ R Jazz Box 2x

1 2 3 4 Cross RF over LF (1), step LF back (2), turning ¼ RF to Right side (3) (06:00), step LF forward (4)
3 4 5 6 Cross RF over LF (5), step LF back (6), turning ¼ RF to Right side (7) (09:00), step LF forward (8)

Section 6 (41 - 48) : Pivot ¼ Turn 2x, Jazz Box

1 2 3 4 Step RF forward (1), turning ¼ l, Left bring weight on LF (2) (06:00), Step RF forward (3), turning ¼ Left bring weight on LF (4) (03:00)
3 4 5 6 Cross RF over LF (5), step LF back (6), step RF to Right (7), step LF forward (8)

TAG : After Wall 1, 2, 4, 5

At the end of wall 1, add the following 2 count tag (Out, out) and restart the dance at 06:00

Out, Out

1 2 Step forward RF onto right diagonal (1), step forward LF onto left diagonal (2)

Enjoy the dance!

Contact : aderossana@gmail.com

Last Update - 23 June 2020 -R2