

Bie Zhi Ji

拍數: 64 牆數: 2 級數: Improver
編舞者: Lanny Tio (INA) - January 2020
音樂: Bie Zhi Ji by. Hai Lai A Mu (Remix)



I. STEP DIAGONAL TOUCH R-L - STEP DIAGONAL BACK TOUCH R-L

1-2 Step R fwd , Step Touch L to Side
3-4 Step L fwd , Touch R to Side
5-6 Step R back , Touch L to Side
7-8 Step L back , Touch R to Side

II. ROLLING VINE R - L

1234 Full Turn Right , Touch L to Side
5678 Full Turn Left , Touch R beside L

III. STEP DIAGONAL FORWARD R - L

1-2-3-4 Step R Diagonal fwd , Step L beside R , Step R fwd , Touch L beside R
5-6-7-8 Step L Diagonal fwd, Step R beside L, Step L fwd, Touch R beside L

IV. STEP DIAGONAL BACK R-L-R-L

1-2 Step R diagonal back, Touch L beside R
3-4 Step L diagonal back, Touch R beside L
5-6 Step R diagonal back Touch L beside R
7-8 Step L diagonal back, Touch R beside L

V. STEP CROSS TO SIDE WITH HEEL TOUCH (R-L)

1-2 Step R side, Cross L over R
3-4 Step R Side, Touch L Heel Diagonal fwd
5-6 Step L Side, Cross R over L
7-8 Step L Side, Touch R Heel Diagonal fwd

VI. FULL TURN WITH ARC RIGHT

1-2 1/4 Turn Right step R fwd (3.00), Step L Close to R
3-4 1/4 Turn Right Step R fwd (6.00) Step L Close to R
5-6 1/4 Turn Right Step R fwd (9.00) Step L Close to R
7-8 1/4 Turn Right Step R fwd (12.00) , Touch R to L

VII. TAP HEEL 4X (R-L)

1-2-3-4 Tap Heel L diagonal fwd 4x
&5-6-7-8 Step ball L beside R, Tap Heel R diagonal fwd 4x
(Styling with Metal hands)

VIII. JAZZ BOX - Pivot 1/2 TURN RIGHT

&1-2 Step ball R beside L , Cross L over R , Step R back
3-4 Step L side, Step R fwd
5-6 Step L fwd, 1/2 Turn Right Step R fwd
7-8 Step L fwd, Touch R to L

#Restart on Wall 4 after 32 count

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