

Strip

拍數: 32 牆數: 2 級數: High Improver
編舞者: Kim Liebsch (DK) - January 2020
音樂: Strip - Jessie J : (3:34)



Intro: Start on 1`st beat in the music, Start with weight on L foot

Ending: After The hip bumps on the last wall, step out R, step out L (*)

#1 section: Cross point, shuffle fw. ¼ turn touch, chasse

1-2 Cross R over L, point L to L side 12:00
3&4 Step fw. on L, step R next to L, step fw. on L 12:00
5-6 Make ¼ turn L stepping R to R side, touch L beside R 9:00
7&8 Step L to L side, close R beside L, step L to L side 9:00

#2 section: Point point, behind side cross, side rock with flick, cross shuffle

1-2 Point R fw. point R to R side 9:00
3&4 Cross R behind L, step L to L side, cross R over L 9:00
5-6 Step L to L side, recover on R while flicking L 9:00
7&8 Cross L over R, step R to R side, cross L over R 9:00

#3 section: ¼ turn back, coaster step back, jazzbox with touch

1-2 Make ¼ turn L stepping back on R, step back on L 6:00
3&4 Step back on R, step L next to R, step fw. on R 6:00
5-6 Cross L over R, step back on R 6:00
7-8 Step L to L side, touch R beside L 6:00

#4 section: Hip bumps R, hip bumps L, 2 X step ½ turn (Option: Rocking chair)

1&2 Point R fw. while make hip bum, step down on R 6:00
3&4 Point L fw, while making hip bum, step down on L (*) 6:00
5-6 Step fw. on R, make ½ turn L stepping fw. on L (Option: Rock fw. on R, recover on L)(6:00)
 12:00
7-8 Step fw. on R, make ½ turn L stepping fw. on L (Option: Rock back on R, recover on L) 6:00

Good Luck & N`joy!

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