### You're an Ocean



拍數: 32 牆數: 2 級數: Intermediate

編舞者: Douglas Madison (USA) - January 2020 音樂: Ocean - Lady A: (Album: Ocean - 3:35)



Intro: 16 beats, start one beat before vocal. Start with weight on LF.

NOTES: Restart with step-change Wall 4. Optional step-change Walls 2 & 6.

#### [1-9] WALK, WALK, ROCKING CHAIR, STEP, PIVOT 1/2, TURN 1/2, BEHIND-SIDE-CROSS

1-2 Walk forward on RF, Walk forward on LF

3&4& Rock forward on RF, Recover on LF, Rock back on RF, Recover on LF

5-6-7 Step forward on RF, Pivot 1/2 left (weight on LF), 1/2 turn left stepping back on RF sweeping

LF front to back

8&1 Cross LF behind RF, Step RF beside LF, Cross LF over RF sweeping RF (close) back to

front

#### [10-16] FALL AWAY TURN 3/8, ROCK, RECOVER, TOUCH BACK

2&3 Cross RF over LF, Step back on LF, 1/8 turn right stepping RF beside LF [1:30]

4&5 Cross LF behind RF, 1/8 turn right stepping RF beside LF, 1/8 turn right crossing LF over RF

[4:30]

6-7-8 Rock forward on RF, Recover on LF, Touch RF behind LF

\*OPTIONAL STEP-CHANGE HERE Walls 2 & 6 (See below)

## [17-24] UNWIND 3/8, CROSS-SIDE-RECOVER, CROSSING SHUFFLE, CROSS-SWEEP x 2, ROCK-RECOVER

1 Unwind 3/8 right (weight on RF) [9:00]

2&3 Cross LF over RF, Rock RF to right side, Recover on LF

4&5 Cross RF over LF, Step LF to side, Cross RF over LF sweeping LF back to front

6 Cross LF over RF sweeping RF back to front 7 Cross RF over LF sweeping LF back to front

\*RESTART HERE Wall 4 (See below)

8& Rock forward on LF, Recover on RF

#### [25-32] 1/2 TURN, SHUFFLE 1/2 TURN, COASTER STEP, 3/4 TURN, BACK ROCK-RECOVER

1 1/2 turn left stepping forward on LF [3:00]

2&3 1/4 turn left stepping forward on RF, Step LF next to RF, 1/4 left stepping back slightly on RF

[9:00]

4&5 Step back on LF, Step RF next to LF, Step forward on LF

6-7 Pivot 1/2 right (weight on RF), 1/4 turn right stepping LF to side [6:00]

8& Rock RF behind LF, Recover on LF

#### \*\*START AGAIN\*\*

#### \*RESTART Wall 4: Omit the LF sweep (Count 7) & replace the ROCK-RECOVER (Counts 8&) with:

8 Pivot 1/4 left (weight on LF)

# \*OPTIONAL STEP-CHANGE: When she sings "Why won't you let me?" (Wall 2) and "before you lose me" (Wall 6)

she draws "me" out over three counts. In these two walls, replace the CROSS, ROCK, RECOVER, TOUCH BACK (Counts 5 - 8) with:

5 Lunge forward on LF turning 1/8 right (right leg is stretched with toe pointing down) [4:30]

6-7-8 Hold for three full counts, slowly raising right arm forward & up