

# Cups

拍數: 32      牆數: 4      級數: Low Intermediate  
編舞者: Jen Seiberlich (USA) & Dan Pye (USA) - January 2020  
音樂: Bad Seed Rising - Bad Seed Rising



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## ROCK ¼ PIVOT TURNS RIGHT

1-8      stepping slightly to left, rock left & turn ¼ turn right (do this 4x for a complete full turn right)

## SHUFFLE LEFT,ROCK,RECOVER,KICK-BALL-CHANGE,STEP,LOCK,STEP-LOCK-STEP

9&10,11,12      shuffle left (L,R,L), rock right behind left, recover on left

13&14,15,16      right kick-ball-change, step forward right,lock left up behind right

17&18      step-lock-step

## ROCK,RECOVER,COASTER STEP, JAZZ BOX

19,20,21&22      rock forward left,recover back on right, back on left,back right,forward left

23-26      cross right over left,back on left,1/4 turn right,left to place

## STOMP CLAP,STOMP DOUBLE CLAP,BUMPS HIPS

27,28,29, &30      stomp right,clap,stomp left, double clap

31&32      bump hips (R,L,R) REPEAT

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