

# Cups

拍數: 32      牆數: 4      級數: Low Intermediate  
編舞者: Jen Seiberlich (USA) & Dan Pye (USA) - January 2020  
音樂: Bad Seed Rising - Bad Seed Rising



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## ROCK ¼ PIVOT TURNS RIGHT

1-8      stepping slightly to left, rock left & turn ¼ turn right (do this 4x for a complete full turn right)

## SHUFFLE LEFT, ROCK, RECOVER, KICK-BALL-CHANGE, STEP, LOCK, STEP-LOCK-STEP

9&10, 11, 12      shuffle left (L,R,L), rock right behind left, recover on left

13&14, 15, 16      right kick-ball-change, step forward right, lock left up behind right

17&18      step-lock-step

## ROCK, RECOVER, COASTER STEP, JAZZ BOX

19, 20, 21&22      rock forward left, recover back on right, back on left, back right, forward left

23-26      cross right over left, back on left, 1/4 turn right, left to place

## STOMP CLAP, STOMP DOUBLE CLAP, BUMPS HIPS

27, 28, 29, & 30      stomp right, clap, stomp left, double clap

31&32      bump hips (R,L,R) REPEAT

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