Found Myself In This Bar



拍數: 32 牆數: 4 級數: Improver

編舞者: Chelsey Schatzan - January 2020

音樂: This Bar - Morgan Wallen



Rock, Recover, Coaster Step, Rock, Recover, Coaster Turn

1,2, Rock RF to right side, recover on LF

3&4 Step RF behind LF, step LF back, step RF forward

5,6, Rock LF to left side, recover on RF

7&8 Step LF behind RF, step RF back ¼ turn left, stepping LF forward

Walk, Walk, Step 1/2 Turn, Full Turn, Shuffle

1,2, Step RF forward, then Step LF forward

3,4, Step RF forward ½ Turn to the left, recovering weight on LF 5,6, Full turn (RF,LF) weight should be on LF at end of turn

7&8 Shuffle forward RF,LF,RF

Rock, Recover, Coaster Step, Hip Bumps

1,2, Rock LF forward, Recover on RF

3&4 Step LF behind RF, Step RF back, Step LF forward

5,6,2x Right hip bumps7,8,2x Left hip bumps

Sway Hips, Shuffle, Step 1/2 Turn, Shuffle

1,2, Sway Hips Right, Sway hips Left (weight should end on left foot)

3&4 Shuffle Forward RF,LF,RF

5,6, Step LF forward ½ turn right, recover on RF

7&8 Shuffle LF,RF, LF

No Tags or Restarts

Thank You Everyone and Happy Dancing!!♥□

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