

# Found Myself In This Bar

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Chelsey Schatzan - January 2020  
音樂: This Bar - Morgan Wallen



## Rock, Recover, Coaster Step, Rock, Recover, Coaster Turn

1,2,      Rock RF to right side, recover on LF  
3&4      Step RF behind LF, step LF back, step RF forward  
5,6,      Rock LF to left side, recover on RF  
7&8      Step LF behind RF, step RF back ¼ turn left, stepping LF forward

## Walk, Walk, Step ½ Turn, Full Turn, Shuffle

1,2,      Step RF forward, then Step LF forward  
3,4,      Step RF forward ½ Turn to the left, recovering weight on LF  
5,6,      Full turn (RF,LF) weight should be on LF at end of turn  
7&8      Shuffle forward RF,LF,RF

## Rock, Recover, Coaster Step, Hip Bumps

1,2,      Rock LF forward, Recover on RF  
3&4      Step LF behind RF, Step RF back, Step LF forward  
5,6,      2x Right hip bumps  
7,8,      2x Left hip bumps

## Sway Hips, Shuffle, Step ½ Turn, Shuffle

1,2,      Sway Hips Right, Sway hips Left (weight should end on left foot)  
3&4      Shuffle Forward RF,LF,RF  
5,6,      Step LF forward ½ turn right, recover on RF  
7&8      Shuffle LF,RF, LF

**No Tags or Restarts**

Thank You Everyone and Happy Dancing!!♥☐

Contact: [Mrsschatzan1989@icloud.com](mailto:Mrsschatzan1989@icloud.com)

---