

# Heartache Hustle (solo 3-count hustle)

**COPPER** **NOB**  
BY STEPHEN

拍數: 18                      牆數: 2                      級數: Improver  
編舞者: Dick Rogers (USA) & Nancy Rogers (USA) - December 2019  
音樂: Whiskey & Water - Austin Merrill : (62 bpm / 6/8 timing)



**NOTE: Works best with tempos in the range of 60 to 100 bpm. Test dance to music with time signatures 6/8, 4/4, and 2/4. Not all rhythms within these timings are suited to 3-count hustle. Works well with slow classic disco music, but is also a fun dance to other genres. A good dance for practicing 3-count hustle solo.**

**Starting position: Weight over LF.**

## **TAP L TOE, STEP ON LF, RF BEHIND, TURN ¼ R AND STEP LF BESIDE RF**

&                      Step RF beside LF  
1                      Touch LF beside RF  
2                      Step LF to L  
3                      Cross RF behind LF

## **STEP RF FWD, TURN ¼ R AND STEP LF TO L, RF BEHIND, TURN ¼ R AND STEP LF BESIDE RF**

&                      Quickly turn ¼ R as LF is simultaneously brought beside RF with weight  
1                      Step RF forward  
2                      Turn ¼ R and step LF to L  
3                      Cross RF behind LF

## **PRISSY WALK FWD**

&                      Quickly turn ¼ R as LF is simultaneously brought beside RF with weight  
1                      Step RF FWD  
2                      Step LF FWD (for styling, cross LF over and ahead of RF)  
3                      Step RF FWD (for styling, cross LF over and ahead of LF)

## **3                      /4 TURN R**

&                      Lock LF behind RF  
1                      Step RF FWD and pivot ¼ R on RF  
2                      Step LF to L and pivot ½ R on LF  
3                      Step RF FWD

## **KICK AND SLIDE**

&                      Lock LF behind RF  
1                      Step RF FWD  
2                      Kick LF FWD  
3                      Step back on LF and slide RF toward LF

## **COASTER STEP**

&                      Step RF beside LF  
1                      Step LF back  
2                      Step RF beside LF  
3                      Step LF FWD

## **START OVER**

Contact: dancingdjr2 at icloud dot com

Last Update: 25 June 2024 - R2

