

Heartache Hustle (solo 3-count hustle)

COPPER **KNOB**
BY STEPHEN

拍數: 18 牆數: 2 級數: Improver
編舞者: Dick Rogers (USA) & Nancy Rogers (USA) - December 2019
音樂: Whiskey & Water - Austin Merrill : (62 bpm / 6/8 timing)



NOTE: Works best with tempos in the range of 60 to 100 bpm. Test dance to music with time signatures 6/8, 4/4, and 2/4. Not all rhythms within these timings are suited to 3-count hustle. Works well with slow classic disco music, but is also a fun dance to other genres. A good dance for practicing 3-count hustle solo.

Starting position: Weight over LF.

TAP L TOE, STEP ON LF, RF BEHIND, TURN ¼ R AND STEP LF BESIDE RF

& Step RF beside LF
1 Touch LF beside RF
2 Step LF to L
3 Cross RF behind LF

STEP RF FWD, TURN ¼ R AND STEP LF TO L, RF BEHIND, TURN ¼ R AND STEP LF BESIDE RF

& Quickly turn ¼ R as LF is simultaneously brought beside RF with weight
1 Step RF forward
2 Turn ¼ R and step LF to L
3 Cross RF behind LF

PRISSY WALK FWD

& Quickly turn ¼ R as LF is simultaneously brought beside RF with weight
1 Step RF FWD
2 Step LF FWD (for styling, cross LF over and ahead of RF)
3 Step RF FWD (for styling, cross LF over and ahead of LF)

3 /4 TURN R

& Lock LF behind RF
1 Step RF FWD and pivot ¼ R on RF
2 Step LF to L and pivot ½ R on LF
3 Step RF FWD

KICK AND SLIDE

& Lock LF behind RF
1 Step RF FWD
2 Kick LF FWD
3 Step back on LF and slide RF toward LF

COASTER STEP

& Step RF beside LF
1 Step LF back
2 Step RF beside LF
3 Step LF FWD

START OVER

Contact: dancingdjr2 at icloud dot com

Last Update: 25 June 2024 - R2

