Heartache Hustle (solo 3-count hustle)



編舞者: Dick Rogers (USA) & Nancy Rogers (USA) - December 2019

音樂: Whiskey & Water - Austin Merrill: (62 bpm / 6/8 timing)



NOTE: Works best with tempos in the range of 60 to 100 bpm. Test dance to music with time signatures 6/8, 4/4, and 2/4. Not all rhythms within these timings are suited to 3-count hustle. Works well with slow classic disco music, but is also a fun dance to other genres. A good dance for practicing 3-count hustle solo.

Starting position: Weight over LF.

TAP L TOE, STEP ON LF, RF BEHIND, TURN 1/4 R AND STEP LF BESIDE RF

& Step RF beside LF1 Touch LF beside RF

2 Step LF to L

3 Cross RF behind LF

STEP RF FWD, TURN ¼ R AND STEP LF TO L, RF BEHIND, TURN ¼ R AND STEP LF BESIDE RF

& Quickly turn ¼ R as LF is simultaneously brought beside RF with weight

1 Step RF forward

2 Turn ¼ R and step LF to L

3 Cross RF behind LF

PRISSY WALK FWD

•	0:11 (4/B 1E: : # 11 11 11 PE 34 : 14
&	Quickly turn ¼ R as LF is simultaneously brought beside RF with weight

1 Step RF FWD

Step LF FWD (for styling, cross LF over and ahead of RF)
 Step RF FWD (for styling, cross LF over and ahead of LF)

3 /4 TURN R

& Lock LF behind RF

Step RF FWD and pivot ¼ R on RF
 Step LF to L and pivot ½ R on LF

3 Step RF FWD

KICK AND SLIDE

& Lock LF behind RF1 Step RF FWD2 Kick LF FWD

3 Step back on LF and slide RF toward LF

COASTER STEP

& Step RF beside LF
1 Step LF back
2 Step RF beside LF
3 Step LF FWD

START OVER

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