

Send Back My Heart

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nelly Billes (DE) - January 2020
音樂: Send Back My Heart - Gary Allan



Restart: Wall 5, after section 2

SECTION 1:

- 1 - 2 DIAGONAL TOE STRUT (Step forward on right toe. Drop heel taking weight.)
- 3 - 4 CROSS TOE STRUT (Cross on left toe over right foot. Drop heel taking weight.)
- 5 - 8 BOX STEP SIDE RIGH (Step right to right side. Close left beside right. Step forward right. Touch left beside right.)

SECTION 2:

- 1 - 3 GRAPEVINE 1/4 TURN LEFT (Step left to left side. Cross right behind left. Step ¼ turn left.)
- 4 SCUFF (Scuff right forward.)
- 5 - 6 DIAGONAL STEP (Step right diagonally forward.) - STOMP UP (Stomp left beside right (no weight).
- 7 - 8 DIAGONAL STEP BACK (Step left diagonally back.) - STOMP UP (Stomp right beside left (no weight).

****Restart: Wall 5**

SECTION 3:

- 1 - 3 LOCK BACK (Step back right. Lock left across right. Step back right.)
- 4 KICK (Kick forward left.)
- 5 - 6 ROCK BACK (Rock back of left. Rock forward onto right.)
- 7 - 8 STEP (Step left forward.) - HOLD

SECTION 4:

- 1 - 2 1/2 TURN LEFT - TOE STRUT (Turn 1/2 left. Step right toe back. Drop right heel taking weight.)
- 3 - 4 1/2 TURN LEFT - STEP (Turn 1/2 left. Step left forward.) - STOMP UP (Stomp right beside left (no weight.)
- 5 - 6 ROCK RIGHT (Rock to right side on right. Rock onto left in place.)
- 7 - 8 STOMP (Stomp right beside left.) x 2

Have fun, enjoy the dance and do not forget to smile!
