

Lo Mio Es Mio

COPPERKNOB
STEP SHEETS

拍數: 48 牆數: 2 級數: Phrased Improver
編舞者: Hantos Djay (IT) - January 2020
音樂: Lo Mío Es Mío - Dayami La Musa & Sean Kingston



Intro: 16

Sequence: A-BBCC-BBCC-A-BBCC-A-BBCC-A

A (1-16) SIDE SKATES- CHASSE, FORWARD SHUFFLES, BACK STEPS

1-4 Drag & step R side, drag & step L side, chasse side RLR
5-8 Drag & step L side, drag & step R side, chasse side LRL
9&10 Shuffle forward RLR
11&12 Shuffle forward LRL
13-16 Walk back R-L-R-L

B (1-8) ANGLED SIDE-CLOSE-CHASSE, MAMBO STEPS, STEP-TURN-STEP

1-2 Body angled to left (facing 10.30) step R side, step L together
3&4 Keep same angle and chasse side RLR
5-6 Body angled to right (facing 1.30) step L side, step R together
7&8 Keep same angle and chasse side LRL

B (9-16) FORWARD MAMBO, BACK MAMBO, SIDE MAMBO, STEP-TURN-STEP

1&2 Square up and rock R forward, recover, step R back
3&4 Rock L back, recover, step L forward
5&6 Rock R side, recover, step R together
7&8 Step L forward, pivot 1/2 right, step L forward

C (1-8) VINE RIGHT, MODIFIED VINE LEFT

1-4 Step R side, cross L behind, step R side, touch L together
5-6 Step L side, cross R behind
&7-8 Step L side, cross R over, step L side

C (9-16) ANGLED MAMBO STEPS, CROSS-UNWIND, SIDE MAMBO

1&2 Cross R over, recover, step R side
3&4 Cross L over, recover, step L side
5-6 Cross R over, unwind 1/2 left
7&8 Rock L side, recover, step L together

Step sheet by Roly Ansano: rolando.ansano@gmail.com