I Will Survive

拍數: 32

級數: High Beginner

編舞者: Noah Sierra (USA) - January 2020

音樂: I Will Survive (Noah Sierra Edit) - Demi Lovato

Start on the word "back".

1-2

STEP R W/ ¼ PIVOT, STEP L W/ ½ PIVOT, TRIPLE R BACK, COASTER L, WALK FORWARD X2.

- Step RF to R side w/ ¼ pivot R, step LF back w/ ¼ pivot R.
- 3&4 Shuffle R back.
- 5&6 Step LF back, step RF back, step LF forward.
- 7-8 Walk RF forward, walk LF forward.

PUSH R, RECOVER L, CROSSING TRIPLE R, PUSH L, RECOVER, SYNCOPATED WEAVE.

- 1-2 Push/rock RF to R side, recover/step on LF.
- 3&4 Slightly cross RF over LF, slightly step LF to L side, slightly cross RF over LF.
- 5-6 Push/rock LF to L side, recover/step on RF.
- 7&8 Cross LF behind RF, step RF to R side, cross LF over RF.

STEP R W/ ¼ PIVOT, STEP L, TRIPLE FORWARD R, CROSS L, STEP R, SAILOR L.

- 1-2 Step RF to R side w/ ¼ pivot L, step LF forward.
- 3&4 Shuffle R forward.
- 5-6 Cross LF over RF, step RF to R side.
- 7&8 Step/rock LF behind RF, step RF in place, step LF on RF.

HIP BUMPS R, SYNCOPATED WEAVE, KICK/STEP/POINT X2.

- 1&2 Bump R hip to R side, bump L hip to L side, bump R hip to R side.
- 3&4 Cross LF behind RF, step RF to R side, cross LF over RF.
- 5&6 Kick RF forward, step RF on LF, point L toe to L side.
- 7&8 Kick LF forward, step LF on RF, point R toe to R side.

NO TAGS/RESTARTS. PLEASE USE CHOREOGRAPHERS EDIT.

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. Also, if you would like aa .MP3 (audio) copy of the song, please email me and let me know.

Email: noahsierragae@gmail.com





牆數:2