

Fishing In The Boondocks

COPPER KNOB
BY STEPHEN

拍數: 60 牆數: 1 級數: Phrased Intermediate / Advanced
編舞者: Sabine Stalder & Alice Berini (CH) - January 2020
音樂: Fishin' In the Dark / Down In the Boondocks - Home Free : (iTunes)



Count In: 16 counts from start of the track

A: 44 Counts, B: 16 Counts, AABBa*a**BB, Tag, ABB

PART A: 44 counts

A1: 4x Apple Jacks, Step Lock, Step Lock Step

1 & Weight on L ball of foot weight on R heel swivel to right, recover to center 12:00
2 & Weight on R ball of foot weight on L heel swivel to left, recover to center 12:00
3 & Weight on L ball of foot weight on R heel swivel to right, recover to center 12:00
4 & Weight on R ball of foot weight on L heel swivel to left, recover to center 12:00
5 - 6 Step R forward to right diagonal, lock L behind R 12:00
& 7 & 8 Step R beside L, step L forward to left diagonal, lock R behind L, step L forward to left diagonal 12:00

A2: Step ½ Turn, ½ Triple Turn, ½ Turn Step, Sweep ½ Turn Press & Swivel

1 - 2 Step R forward, ½ turn left weight ends L 06:00
3 & 4 ¼ turn left step R to right side, ¼ turn left locking L in front of R, step R back 12:00
5 - 6 ½ left step L forward, ½ turn left on ball of L sweeping R from back to front 12:00
& 7 &
8 & Press R forward, swivel R heel to right, recover to center, swivel R heel to right, recover to center 12:00

A3: Kick & Touch, Big Step, Touch, Back, Lock, Back Lock Back

1 & 2 Kick R forward, step R beside L, touch L back as you bend R knee slightly 12:00
3 - 4 Big step L forward as you straighten R knee, touch R beside L 12:00
5 - 6 Step R back to right diagonal, lock L in front of R 12:00
& 7 & 8 Step R slightly back, step L back to left diagonal, lock R in front of L, step L back to left diagonal 12:00

A4: 2x Step Touch, Kick Ball Step, Heel Jack with ¼ Turn, Step Touch

1 - 2 Step R to right side, touch L beside R
(styling option: as you step right, twist your L heel out) 12:00
3 - 4 Step L to left side, touch R beside L
(styling option: as you step left twist your R heel out) 12:00
5 & 6 Kick R forward, step down on ball of R and beside L, step L forward 12:00
& 7 & 8 ¼ turn left step R to right side, touch L heel diagonal left forward, step down on L, touch R beside L 09:00

A5: Heel Jack, Step, 1 ¼ Spiral Turn, Sweep, Jazzbox, Heel Twist R, Heel Twist L

& 1 Step R back to right diagonal, touch L heel forward to left diagonal 09:00
& 2 Step down on L, cross R over L 09:00
3 - 4 1 ¼ spiral turn left weight ends L, sweep R from back to front 06:00
5 & 6 Cross R over L, step L back, step R to right side 06:00
7 & 8 & Twist R heel in, twist back to center, twist L heel in, twist back to center 06:00

A6: Heel Toe Swivels, Slide Back & Drag with ½ Turn Left

1 & 2 Swivel R heel in, swivel R toe in, swivel R heel in 06:00

& 3 - 4 Step ball of R beside L, push off from R and slide L back as you start turning ½ turn left, drag R towards L and finish ½ turn and touch R beside L, weight ends L 12:00

PART B: 16 counts

B1: Ball Change, Step R, Mambo with ¼ Turn, Cross & Touch Behind, Unwind, Out, Out

& 1 - 2 Step ball of R beside L, step L forward, step R forward 12:00
3 & 4 Rock L forward, recover R, ¼ turn left step L to left side 09:00
5 & 6 Cross R over L, step L to left side, touch R behind L 09:00
7 & 8 Unwind ¾ turn right weight ends R, step L out to left side, step R out to right side 06:00

B2: Hip Roll, Hitch, Cross, Unwind, Snake Roll Left, Snake Roll Right, Bump & Sit

1 - 2 Hip roll left over 2 counts, weight ends L 06:00
3 - 4 Hitch R knee, cross R over L 06:00
5 Unwind ½ turn left with a hip roll backwards from left to right weight ends R 12:00
6 Body snake roll to left weight ends left 12:00
7 - 8 Body snake roll to right, bump R hip to right and into sit position 12:00

TAG: 8 counts

Rolling Vine Left, Rolling Vine Right

1 - 4 ¼ turn left step L forward, ½ turn left step R back, ¼ turn left step L to left side, touch R beside L 12:00
5 - 8 ¼ turn right step right forward, ½ turn right step L back, ¼ turn right step R to right side, step L beside R 12:00

NOTES

1 On your 3rd a* start the dance on count 5 with the step lock steps, don't dance the apple jacks 12:00
5 Leave out the heel twists on counts 7 & 8 & 06:00
6 Go right into the heel, toe, heel swivels counts 1 & 2 in section 6, then restart the dance with part a** again, you will be facing 06:00
4 Dance the 4th a** up to the end of section 4, on count 8 do a step instead of a touch, then start B again with your L and a ¼ turn to face 12:00. 12:00

**Don't panic, it's not as hard like it seems and the dance fits the music very well, so you will hear it.
Have fun!**
