

Sweet Dancing

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Raymond Sarlemijn (NL) & Roy Verdonk (NL) - January 2020
音樂: St. James Ballroom - Alice Francis



Intro : after 16 counts (appr. 19 sec. into music)

S1: Walks Forward (R, L,R, L), Touch, Charleston Step 2X

1-2-3-4 Walks forward R, L, R, L *
5 RF touch forward whilst BF swivel heels in
& BF swivel heels out
6 RF step backwards whilst BF swivel heels in
& BF swivel heels out
7 LF touch backwards whilst BF swivel heels in
& BF swivel heels out
8 LF step forward

(*NB counts 1-4 can be done as Charleston swivels forward)

S2: Kick 2X , 1/2 Turn Left, Coaster Step, Jazz Kicks Forward

1 RF 1/4 Turn L whilst kicking RF (09.00)
& RF hitch
2 RF 1/4 Turn L, kick backwards (06.00)
& RF step backwards
3 LF step backwards
& RF step together
4 LF step forward
5 RF kick forward
& RF step forward
6 LF kick forward
& LF step forward
7 RF kick forward
& RF step forward
8 LF step out left

S3: Out/ Out, Shuffle R, Out/Out, Full Turn L With Sweep R

1 RF step out right
2 LF step out left
3 RF step right
& LF step together
4 RF step right
5 LF step out left
6 RF step out right
7 start full turn right on ball of RF whilst hopping on RF
& finish full turn right on ball of RF whilst hopping on RF
8 LF step down next to RF whilst sweeping RF forward

S4: Modified Jazzbox, Lock Behind, Unwind Full Turn R, Walks Forward R/L, Scuff, Stomp (2X)

1 RF cross in front of LF
& LF step backwards 2 RF step right
& LF step forward
3 RF lock behind LF
4 unwind full turn right (weight ends on LF)

- 5 RF step forward
 - 6 LF step forward
 - 7 RF scuff next to LF whilst hitching right knee up
 - & RF stomp next to LF whilst hitching left knee up
 - 8 LF stomp next to RF (eight ends on LF)
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