

Take It All Off (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Intermediate Pattern Partner
編舞者: Barb Monroe (USA) & Dave Monroe (USA) - January 2020
音樂: Bra Off - RaeLynn



Alt: Tip Of My Tongue by Kenny Chesney
Start: Tandem position, both facing outside line of dance
Man and Lady's steps are the same except where noted

Step side, Touch, ¼ turn shuffle forward, ½ turn, Shuffle back

1-2 Step R to R side, Touch L next to R (facing OLOD)
3&4 Turn ¼ L shuffling forward L, R, L (facing LOD)
5-6 Turn ¼ L stepping R, Turn ¼ L stepping L (facing RLOD)

Arms: R arms go over lady's head ending in man's hammerlock & L arms are in front of the lady

7&8 Shuffle back R, L, R

½ turn, Shuffle forward, Lady ½ turn, shuffle together

1-2 Turn ¼ L stepping L, Turn ¼ L stepping R (facing LOD)

Arms: Release R arms & re-join in sweetheart position

3&4 Shuffle forward L, R, L

5-6 Man: Step forward R, L (facing LOD)

Lady: Turn ¼ L stepping R, Turn ¼ L stepping L (facing RLOD)

Arms: Release L arms with R arms going over lady's head

7&8 Man: Shuffle forward R, L, R ending up on the Lady's left side

Lady: Shuffle slightly back R, L, R

Arms: During the shuffle (7&8) drop hands

Walk forward, Walk ¼ turn, Shuffle ¼ turn, Step, ½ turn, Shuffle forward

1-2 Step L, Turn ¼ L stepping R (man facing ILOD & lady facing OLOD)

Arms: On steps 1-2 interlock L arms at the elbows

Optional arms: L arms at partners waist, R arms free

3&4 Shuffle ¼ L stepping L, R, L (man facing RLOD & lady facing LOD)

5-6 Man: Step R, Turn ½ L stepping L (facing LOD)

Lady: Rock back on R, Recover L

Arms: On counts 5-6 slide L hands down the arms to re-connect and re-join R arms at lady's R shoulder (Sweetheart position)

7&8 Shuffle forward R, L, R

Step, Touch, Step ¼ turn, Touch, Step side, Touch, Sway, Sway

1-2 Step L forward, Touch R beside L

3&4 Step ¼ R Touch L beside R (facing OLOD)

5-6 Step L to L side, Touch R beside L

7-8 Sway R, Sway L with weight on L

Begin Again