

Don't Breathe

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nelly Billes (DE) - January 2020
音樂: Don't Breathe - Brad Paisley



Re start: Wall 6, after section 1

SECTION 1:

- 1 - 4 ROCKING CHAIR (Rock Forward On Right. Rock Back Onto Left. Rock Back On Right. Rock Forward Onto Left.)
- 5 - 6 TOE STRUT 1/2 TURN LEFT (Step Forward On Your Left Toe. Turn 1/2 Left. Drop The Heel To Take Weight.)
- 7 - 8 1/2 TURN OUT (1/2 Turn To The Left.) - STEP FORWARD LEFT - HOLD

****RESTART: Wall 6**

SECTION 2:

- 1 - 2 STEP RIGHT (Step Right To Right Side.) - HOOK LEFT (Lift Left Foot And Cross Behind Right Leg.)
- 3 - 4 STEP LEFT (Step Left To Left Side.) - HOOK RIGHT (Lift Right Foot And Cross In Front Left Leg).
- 5 - 6 STEP RIGHT (Step Right To Right Side.) - HOLD
- 7 - 8 CROSS ROCK BACK (Cross Rock Back On Left. Rock Forward Onto Right.)

SECTION 3:

- 1 - 4 GRAPEVINE 1/4 TURN LEFT (Step Left To Left Side. Cross Right Behind Left. Step ¼ Turn Left.) - SCUFF RIGHT
- 5 - 6 STEP 1/4 TURN LEFT (Step Right With 1/4 Turn Left.) - HOOK LEFT (Lift Left Foot And Cross Behind Right Leg.)
- 7 - 8 1/4 TURN LEFT - STEP FORWARD LEFT (Step Left To Left Side.) - SCUFF RIGHT (Scuff Right Beside Left.)

SECTION 4:

- 1 - 2 CROSS RIGHT (Cross right over left.) - DIAGONAL STEP BACK LEFT (Step diagonally back left on left.)
- 3 - 4 HEEL STRUT RIGHT (Step forward on right heel. Drop right toe taking weight.)
- 5 - 6 STOMP LEFT - STOMP FORWARD LEFT
- 7 - 8 HEEL TWIST (Weight is on balls of feet. Move both heels to left side and then back to center.)

Have fun, enjoy the dance and do not forget to smile!
