

# Hurt

拍數: 32      牆數: 4      級數: Improver  
編舞者: Ein Merin (INA) - January 2020  
音樂: Hurt - Christina Aguilera



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## Section 1. TURN ¼ LEFT, NC, TURN ¼ RIGHT, STEP RL, TURN ¼ LEFT, WEAVE, BEHIND, TURN ¼ RIGHT, FORWARD – ROCK RECOVER

1-2&      Turn left 1/4 (09.00) step L side, Rock R behind L  
3-4      Turn right 1/4 (12.00) Step R forward, step L forward and sweep R forward  
5&6      Turn left 1/4 (09.00) cross R over L, step L side, cross R behind L and sweep L side  
7&8&      Cross L behind R turn right 1/4 (12.00), Rock L forward, recover on R

## Section 2. DIAMOND SHAPE FALL AWAY

1-2&      Step L side turn right 1/8, step R back, step L back turn right 1/8 (03.00)  
3-4&      Step R side turn right 1/8, Step L forward, step R forward turn right 1/8 (06.00)  
5-6&      Step L side turn right 1/8, step R back, step L back turn right 1/8 (09.00)  
7-8      Step R side, Step L forward

## Section 3. FORWARD, ROCK RECOVER, TURN, ROCK BACK, RUN FORWARD RLR, PIVOT 1/2, STEP LOCK STEP, FORWARD, TOUCH, SQUARING

1-2&      Step R forward, rock L forward, recover on R turn left 1/8 (11.30)  
3-4&      Step L back, step R forward, step L forward  
5-6&      Step R forward turn right 1/2 (04.30) BW on R, step L forward, step R close behind L  
7-8&      Step L forward, step R forward, touch L next to R turn right 1/8 (06.00)

(Restart here after 16 count on Wall 3 and 6)

## Section 4. LEFT NC – FORWARD, TURN ½ LEFT, ROCK, RECOVER, HINGE TURN, SIDE, CLOSE TOUCH

1-2&      Step L side, Rock R behind L, recover on L  
3-4&      Step R diagonally forward turn left 1/2 (1.30) BW on R, step L in place turn left 1/8 (12.00), rock R side turn left 1/4 (11.30)  
5-6&      Recover on L, cross R over L, little step L side turn right 1/2 (06.00)  
7-8      Step R side, touch L next to R

Note: BW = Body Weight :: NC = night club

Last Update – 17 April 2020

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