

South of the Border

拍數: 32 牆數: 2 級數: Improver
編舞者: Nathan Gardiner (SCO) - January 2020
音樂: South of the Border (feat. Camila Cabello & Cardi B) - Ed Sheeran



Intro: 16 counts

Mambo Step, Jump Out Out, Hip Bump, Side R, Rock Back, Recover, Side L, Rock back, Recover

1&2 Rock forward on R, Recover on L, Step back on R
&3 Step L to L side, Step R to R side (Weight stays on L)

Note: Counts &3 is like a small jump back

4& Bump hips to R side, Bump hips to L side
5-6& Step R to R side, Rock back on L, Recover on R
7-8& Step L to L side, Rock back on R, Recover on L

Rock Forward, Recover, Together, Cross, Side R, Together, Cross, ¼ R, ¼ R, Step Forward

1-2& Rock forward on R, Recover on L, Step R next to L
3&4 Cross L over R, Step R to R side, Step L next to R
5-6 Cross R over L, ¼ R stepping back on L
7-8 ¼ R stepping R to R side, Step forward on L

(Restart point on walls 2 & 5)

Rock Forward, Recover, Side Rock, Recover, Behind Side Cross, Side L, Touch, Side R, Behind Side Cross

1&2& Rock forward on R, Recover on L, Rock out to R side, Recover on L
3&4 Step R behind L, Step L to L side, Cross R over L
5&6 Step L to L side, Touch R next to L, Step R to R side
7&8 Step L behind R, Step R to R side, Cross L over R

Rumba Box, Step Back, Together, Kick Ball Heel, Together

1&2 Step R to R side, Step L next to R, Step forward on R
3&4 Step L to L side, Step R next to L, Step back on L
5-6 Step back on R, Step L next to R
7&8& Kick R forward, Step R next to L (slightly back), Dig L heel forward, Step L next to R

Restarts: On wall 2 & 5 dance 16 counts then restart the dance

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Last Update - 3 Feb. 2020