

Northern Lights

拍數: 64 牆數: 2 級數: Low Intermediate
編舞者: Mercè ORRIOLS (ES) - November 2019
音樂: God's Been Laughin' at Me - Max Flinn : (Single)



Start dancing on lyrics

Sect. 1 - RIGHT SAILOR STEP, LEFT ROCK STEP BACK, LEFT GRAPEVINE

1&2 Cross right behind, step left side, step right side
3-4 Rock left back, recover on right
5-6 Step left side, cross right behind
7-8 Step left side, touch right together

Sect. 2 - RIGHT SAILOR STEP, LEFT ROCK STEP BACK, STEP ½ TURN RIGHT, STEP, HOLD

1&2 Cross right behind, step left side, step right side
3-4 Rock left back, recover on right
5-6 Step left forward, turn ½ right (6:00)
7-8 Stomp left forward, hold

Sect. 3 - RIGHT SHUFFLE FORWARD, LEFT ROCK STEP, STEPS BACK R & L, ¼ TURN LEFT, RIGHT SCUFF

1&2 Step right forward, step left close to right, step right forward
3-4 Rock left forward, recover on right
5-6 Step left back, step right back
7-8 Turn ¼ left and step left forward, scuff right forward (3:00)

Sect. 4 - RIGHT STEP FORWARD, SCUFF LEFT, ¼ TURN LEFT, STOMP UP, KICK RIGHT, STOMP, LEFT ROCK SIDE, RECOVER

1-2 Step right forward, scuff left forward
3-4 Turn ¼ left and step left side, stomp up right (12:00)
5-6 Kick right forward, stomp right together
7-8 Rock left side, recover on right (and hook left behind)

Sect. 5 - LEFT CHASSÉ, RIGHT ROCK STEP BACK, RIGHT GRAPEVINE end CROSS

1&2 Step left side, step right together, step left side
3-4 Rock right back, recover on left
5-6 Step right side, cross left behind
7-8 Step right side, cross left over

Sect. 6 - RIGHT CHASSÉ, LEFT ROCK STEP BACK, LEFT GRAPEVINE ¼ TURN LEFT end BRUSH

1&2 Step right side, step left together, step right side
3-4 Rock left back, recover on right
5-6 Step left side, cross right behind
7-8 Turn ¼ left and step left forward, brush right forward (9:00)

Sect. 7 - RIGHT SHUFFLE BACK, ¼ TURN LEFT, SCUFF, STEP, SCUFF, STEP, STOMP UP

1&2 Step right back, step left close to right, step right back
3-4 Turn ¼ left and step left forward, scuff right forward (6:00)
5-6 Step right forward, scuff left forward
7-8 Step left forward, stomp up right

Sect. 8 - SIDE, HOOK, SIDE, HOOK, RIGHT ROCK STEP BACK, RIGHT ROCK STEP SIDE

1-2 Step right side, hook left behind

- 3-4 Step left side, hook right behind
- 5-6 Rock right back, recover on left
- 7-8 Rock right side, recover on left

START AGAIN

TAG 1: 20 Counts - After 2nd wall (12:00)

ROCK BACK, RIGHT CHASSÉ, ROCK BACK, LEFT CHASSÉ

- 1-2 Rock right back, recover on left
- 3&4 Step right side, step left together, step right side
- 5-6 Rock left back, recover on right
- 7&8 Step left side, step right together, step left side

ROCK BACK, SHUFFLE ½ TURN LEFT, ROCK BACK, SHUFFLE ½ TURN RIGHT

- 1-2 Rock right back, recover on left
- 3&4 Turn ¼ left and step right, step left close to right, turn ¼ left and step right back (6:00)
- 5-6 Rock left back, recover on right
- 7&8 Turn ¼ right and step left, step right close to left, turn ¼ right and step left back (12:00)

RIGHT ROCK STEP BACK, RIGHT ROCK STEP SIDE (Sect. 8 - counts 61-64)

- 1-2 Rock right back, recover on left
- 3-4 Rock right side, recover on left

TAG 2: 4 Counts - After 4th wall (12:00)

RIGHT ROCK STEP BACK, RIGHT ROCK STEP SIDE (Sect. 8 - counts 61-64)

- 1-2 Rock right back, recover on left
- 3-4 Rock right side, recover on left

Before the end of 5th wall (6:00) the music stops for a while.

Dance until count 60 and HOLD FOR 8 COUNTS, stepping right on place (on count 1) and wait for 7 counts more and start again from the beginning.
