

Tell Me When It's Over

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Silvia Schill (DE) - January 2020
音樂: Tell Me When It's Over (feat. Chris Stapleton) - Sheryl Crow



The dance begins with the vocals

S1: Step, ½ Turn R, Coaster Step, Step, ½ Turn L, ¼ Turn L/Chassé L

1-2 Step forward with RF - ½ turn right and step back with LF (6 o'clock)
3&4 Step back with RF - LF beside RF and step forward with RF
5-6 Step forward with LF - ½ turn left and step back with RF (12 o'clock)
7&8 ¼ turn left and step with LF to left - RF beside LF and step with LF to left (9 o'clock)

Ending: The dance ends after '5-6' - direction 6 o'clock; at the end '¼ turn left and step with LF to left - RF beside LF, ¼ turn left and step forward with LF' - 12 o'clock

S2: Rock Across, Chassé R Turning ¼ R, Prissy Walk 2, Shuffle Forward

1-2 Cross RF over LF - weight back on LF
3&4 Step with RF to right, LF beside RF, ¼ turn right and step forward with RF (12 o'clock)
5-6 2 steps forward, cross each step (L - R)
7&8 Step forward with LF, RF beside LF and step forward with LF

S3: Step, Pivot ½ L, Shuffle Forward Turning ½ L, Back 2 (Moon Walk), Coaster Step

1-2 Step forward with RF - ½ turn left on both bales, weight at end left (6 o'clock)
3&4 ¼ turn left and step with RF to right - LF beside RF, ¼ turn left and step back with RF (12 o'clock)
5-6 2 steps backwards, rolling your foot over the tip of your foot (L - R)
7&8 Step back with LF - RF beside LF and step forward with LF

S4: Step, Pivot ¼ L, Shuffle Across, Side/Sways, Behind-Side-Cross

1-2 Step forward with RF - ¼ turn left on both bales, weight at end left (9 o'clock)
3&4 Cross RF far over LF - small step to the left with LF and cross RF far over LF
5-6 Step with LF to left, swing hips to left side - swing hips to right side
7&8 Cross LF behind RF - step with RF to right and cross LF over RF

S5: Step Turn ⅙ L (with Bounce), Turn ⅙ L (with Bounce), Sailor Step Turning ¼ L, Step, Drag/Close, Shuffle Forward

1-2 Step forward with RF - heel lift and drop 2x, making ⅙ turn to the left on both bales (weight remains on RF) (6 o'clock)
3&4 Cross LF behind RF - ¼ turn left, RF beside RF and step forward with LF (3 o'clock)
5-6 Step diagonally right in front with RF - Pull/push LF beside RF
7&8 Step forward with RF, LF beside RF and step forward with RF

S6: Rock Forward, Shuffle Back Turning ½ L, Rock Forward, Shuffle Back Turning ½ R

1-2 Step forward with LF - weight back on RF
3&4 ¼ turn left and step with LF to left - RF beside LF, ¼ turn left and step forward with LF (9 o'clock)
5-6 Step forward with RF - weight back on LF
7&8 ¼ turn right and step with RF to right, LF beside RF, ¼ turn right and step forward with RF (3 o'clock)

Restart: In the 2nd round - direction 9 o'clock - break off after '5-6', on '7-8': '¼ turn right and step with RF to the right - LF beside RF' and start again (weight on LF)

S7: Step Turn ⅙ R (with Bounce), Turn ⅙ R (with Bounce), Sailor Step Turning ¼ R, Step, Drag/Close,

Shuffle Forward

1-8 Like step sequence S5, but mirror-inverted starting with the LF (9 o'clock)

S8: Walk 2, Anchor Step, Back 2, Mambo Back

1-2 2 steps forward (R - L)

3&4 Cross RF behind LF - step on the spot with LF and small step back with RF

5-6 2 steps backwards (L - R)

7&8 Step back with LF - weight back on RF and step forward with LF

Repeat until the end

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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