

Diamond

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Cecilie Smith Larsson (NOR) - January 2020
音樂: Diamond Heart - Alan Walker & Sophia Somajo



Sequence: AA,BB,AA,BB, first 16 counts of B, restart to BB

PART A

(1-8) walk, walk, shuffle fwd, ½ pivot, shuffle fwd

1,2 step fwd on RF, step fwd on LF
3&4 step RF fwd, step LF next to RF, step RF fwd
5,6 step LF fwd, make ½ to right stepping onto RF
7&8 step LF fwd, step RF next to LF, step LF fwd

(9-16) right mambo, left mambo, ½ pivot, ½ pivot

1&2 rock RF to right, recover weight to LF, step RF in place
3&4 rock LF to left, recover weight to RF, step LF in place
5,6 step RF fwd, make ½ turn to left stepping onto LF
7,8 step RF fwd, make ½ turn to left stepping onto LF

(17-24) right diagonal; step, lock, step, lock, step,

left diagonal; step, lock, step, lock, step
1,2 step RF fwd on right diagonal, lock LF behind RF
3&4 continue on right diagonal by stepping RF fwd, lock LF behind RF, step RF fwd
5,6 step LF fwd on left diagonal, lock RF behind LF
7&8 continue on left diagonal by stepping LF fwd, lock RF behind LF, step LF fwd

(25-32) vaudeville x2, ½ turn by heel bounce x2

1&2& cross RF over LF, step LF to left, touch R heel fwd, step RF in place
3&4& cross LF over RF, step RF to right, touch L heel fwd, step LF in place
5,6,7,8 step RF fwd, make 1/2 turn to left with two heel bounces ending the turn by stepping onto LF

PART B

(1-8) side touch right/ left, side together , side touch, left/right side touch, side together, side touch

1&2& step RF to right, touch LF next to RF, step LF to left, touch RF next to LF
3&4& step RF to right, step LF to next to RF, step RF to right, touch LF next to RF
5&6& step LF to left, touch RF next to LF, step RF to right, touch LF next to RF
7&8& step LF to left, step RF next to LF, step LF to left, touch RF next to LF

(9-16) V- step, ¼ turn, V-step ¼ turn

1,2 step RF fwd on right diagonal, step LF fwd on left diagonal
3,4 make ¼ to left stepping RF in place, step LF next to RF
5,6 step RF fwd on right diagonal, step LF fwd on left diagonal
7,8 make ¼ to left stepping RF in place, step LF next to RF

(17-24) rumbabox, shuffle back, coasterstep

1&2& step RF to right, step LF next to RF, step RF fwd, touch LF next to RF
3&4& step LF to left, step RF next to LF, step LF back, touch RF next to LF
5&6 step back on RF, step LF next to RF, step back on RF
7&8 step back on LF, step RF next to LF, step fwd on LF

(25-32) right Dorothy step, left Dorothy step, pivot ½ turn, full turn

1,2& step RF fwd on right diagonal, lock LF behind RF, step fwd on RF

| | |
|------|---|
| 3,4& | step LF fwd on left diagonal, lock RF behind LF, step fwd on LF |
| 5,6 | step fwd on RF, make ½ turn to left stepping onto LF |
| 7,8 | make ½ turn to left stepping back on RF, make ½ turn to left stepping fwd on LF |
