

Hard For The Money

COPPER KNOB
STEP SHEETS

拍數: 64 牆數: 4 級數: Beginner
編舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - January 2020
音樂: She Works Hard For the Money - Donna Summer



Dance starts on Vocals

S1: Walk Forward (R-L-R), Kick, Walk Back (L-R-L), Touch

1-2-3-4 Step forward (R-L-R), Kick Left foot forward.
5-6-7-8 Step back (L-R-L), Touch R next to L.

S2: Vine Touch, Rolling Vine Touch

1-2 Step R to right side, Cross L behind R.
3-4 Step R to right side, Touch L to left side.
5-6 1/4Turn L stepping L forward, 1/2Turn L stepping R back.
7-8 1/4Turn L stepping L to left side, Touch R next to L.

S3: Side, Tap Heel, Side, Tap Heel, Jazz Box-Cross

1-2 Step R to right side (with a slight dip), Tap L heel forward to left diagonal.
3-4 Step L to left side (with a slight dip), Tap R heel forward to right diagonal.
5-6-7-8 Cross R over L, Step L back, Step R to right side, Cross L over R.

S4: Hip Bumps (R-L), Hip Roll X2

1&2-3&4 Step R to right side with hip bumps (R-L-R), Hip bumps (L-R-L).
5-6-7-8 Hip rolling to anti-clockwise. Twice

S5: Cross, Point, Cross, Point, Rock Cross/Recover, 1/4TurnR Forward, Forward

1-2-3-4 Cross R over L, Point L to left side, Cross L over R, Point R to right side.
5-6-7-8 Rock Cross R over L, Recover on L, 1/4Turn R stepping R forward, Step L forward.

S6: K-Step (Forward-Back-Back-Forward)

1-2 Step R forward to right diagonal, Touch L next to R.
3-4 Step L back to left diagonal, Touch R next to L.
5-6 Step R back to right diagonal, Touch L next to R.
7-8 Step L forward to left diagonal, Touch R next to L.

S7: Side, Touch, Side, Touch, Forward, Kick, Back, Touch

1-2-3-4 Step R to right side, Touch L behind R, Step L to left side, Touch R behind L.
5-6-7-8 Step R forward t, Kick L forward, Step L back, Touch R toe to back.

S8: Side and Shimmy, Together and Clap. Twice

1-2 Step R to right side (with a slight dip) and shoulders shimmy for 2counts.
3-4 Step L next to R and clap twice.
5-6 2 Step R to right side (with a slight dip) and shoulders shimmy for 2counts.
7-8 Step L next to R and clap twice.

Enjoy Dancing Always~!!!

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