

Come On Baby Let's Twist

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Improver
編舞者: Kate Damgaard (DK) - January 2020
音樂: The Twist - Mike Denver : (Album: Workin' Man... - iTunes)



Intro: 52 counts from the main beat ... "And it goes like this" then count 5,6,7,8

Restarts: During Wall 2 (3:00) and Wall 5 (9:00) after 32 counts

Ending: After 32 counts. 1/4 turn right, step R to the right side: Taa Daaaa, You Made It :-)

Section 1: R Rolling Vine With Toe Struts/Bounce

1,2,3,4 1/4 turn to the right R toe strut fwd, 1/4 turn to the right L toe strut to the left side

5,6,7,8 Turn 1/2 over right shoulder, R toe strut to the right side, L toe strut together

Section 2: Left Foot Boogie, Left Side Stomp, Right Twist Together, Kick

1,2,3,4 L toes twist diagonally out/back, L heel twist diagonally out/back, L heel twist together, L toes twist together.

5,6,7,8 L stomp side, R heel twist together, R toes twist together, R kick diagonally fwd to the right

Section 3: Behind Side Cross Side, Side Rock/Stomp, L Twist Together.

1,2,3,4 R cross behind, L step side, R cross i.f., L step side,

5,6,7,8 R recover/stomp, twist L heel toe together, L touch

Section 4: L Diagonally Fwd Touch, R Diagonally Fwd Touch, L Diagonally Back X2

1,2,3,4 L step diagonally fwd (10:30), R touch, R step diagonally fwd (01:30), L touch

5,6,7,8 L step diagonally back (07:30), R together, L step back (07:30), R touch

RESTART Wall 2 & 5

Section 5: R Back Mambo 1/2 L turn, Kick Fwd, L Shuffle 1/2 Turn Over Left Shoulder Scuff

1,2,3,4 R back rock, 1/2 turn L, R step back, L kick fwd (6:00)

5,6,7,8 1/4 L step L fwd, R step together, 1/4 turn L, R scuff (12:00)

Section 6: Toe Strut Cross/Bounce i.f, 1/4 Turn Right Toe Strut/Bounce Back, Side Touch/Clap X2

1,2,3,4 R toe strut cross i.f., 1/4 turn right L toe strut back (jazzbox)

5,6,7,8 R step side, L touch/clap, L step side, R touch/clap

CONTACT INFORMATION: katedamgaard66@gmail.com