

Lonely Tonight

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver

編舞者: Debbie Nishiki (USA) - January 2020

音樂: Lonely Tonight (feat. Ashley Monroe) - Blake Shelton : (Album: Bringing Back the Sunshine)



Intro: 8 counts and start dance when lyrics start "I never thought"

S1 (1-8) R Cross Rock, R Side Rock, R Cross Samba

1&2&3&4 Cross RF over L, Recover onto LF, Rock RF to R side, Recover onto L, Cross RF over L, Rock LF to L side, Recover onto R (12:00)

L Cross Rock, L Side Rock, L Cross Samba

5&6&7&8 Cross LF over R, Recover onto RF, Rock LF to L side, Recover onto R, Cross LF over R, Rock RF to R side, Recover onto L (12:00)

S2 (1-8) R Rock forward, Recover, Back Lock Back, Shuffle ½ turning L, Walk Walk R L

1,2, 3&4 Rock forward on RF, Recover onto L, Step back on RF, Lock LF over R, Step back on RF (12:00)

5&6, 7,8 Make ½ shuffle turn L, stepping LRL, Walk Walk R L (6:00)

(Restart – Wall 6)

S3 (1-8) (Open Box) Side & touches R L, Side, Together, Forward, Repeat on other foot

1&2&3&4 Step RF to R side, Touch LF beside R, Step LF to L side, Touch RF beside L, Step RF to R side, Step LF beside R, Step forward on RF (6:00)

5&6&7&8 Step LF to L side, Touch RF beside L, Step RF to R side, Touch LF beside R, Step LF to L side, Step RF beside L, Step forward on LF (6:00)

S4 (1-8) Syncopated rock steps R L with body roll, ½ turn, ½ turn to L

1,2&3,4& Rock forward on RF, Recover onto L, Step RF next to L, Rock forward on LF, Recover onto RF, Step LF next to R (6:00)

5,6,7,8 Step RF forward pivot ½ turn L, Step RF forward pivot ½ turn L (6:00)

(Start over)

Tag: Hip Dips R L (4 counts)

1,2 3,4 Dip right Hip down to R side with bent knees and bringing it up to R side and repeat on the L

(Happens after Wall 3)

Restart: "Wall 6" after 16 counts

Ending: Wall 9 – Dance up to 16 counts (after the walk walk), Cross RF over L and unwind ½ turn to L facing the front (12:00) and strike a pose!!

Enjoy!!

Hope you all like it!!