

Everything

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Debbie Morrison (CAN) - January 2020
音樂: Gave You Everything - The Interrupters



Start: Vocals 1,2,3,4, then start after 16 counts

R HEEL, HOOK, HEEL, TOGETHER, L HEEL, HOOK, HEEL, TOGETHER

1,2,3,4- Tap R heel in front, hook R heel across L shin, Tap R heel in front, step R foot beside L
5,6,7,8- Tap L heel in front, hook L heel across R shin, Tap L heel in front, step L foot beside R

MONTEREY ¼ TURN R, MONTEREY ¼ TURN R

1,2- Touch R toe out to R side, bring it back as you lift both heels to pivot ¼ R, put weight on R
3,4- Touch L toe out to L side, step L foot beside R (weight on L)
5,6- Touch R toe out to R side, bring it back as you lift both heels to pivot ¼ R, put weight on R
7,8- Touch L toe out to L side, step L foot beside R (weight on L)

R foot, TAP, TAP (as you ¼ turn R) , STEP R, HOLD (CLAP), L foot, TAP, TAP (as you ¼ turn L), STEP L, HOLD (CLAP)

1,2,3,4- Tap R toe, ¼ turn R tap R toe, step R beside L (weight on R), hold (clap on the hold)
5,6,7,8- Tap L toe, ¼ turn L tap L toe, step L beside R (weight on L), hold (clap on the hold)

R ROCK RECOVER, ½ TURN R, HOLD (weight on R), L ROCK RECOVER, ¼ TURN L, HOLD (weight on L)

1,2,3,4- R rock forward, recover on L, ½ turn R, R step, hold (weight on R)
5,6,7,8- L rock forward, recover on R, ¼ turn L, L step, hold (weight on L)