

Bold O'Donahue

拍數: 32 牆數: 4 級數: Beginner
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音樂: Bold O'donahue - The Irish Rovers



Sec1: Cross Touch R , Kick, 2x, Cross Touch L Toe 2x, Shuffle fwd., Rock Step L

1, 2 RF Toe touch front of LF, RF kick fwd.
&3, 4 LF Toe touch front of RF, LF kick fwd.
&5&6 Weight on LF., RF step fwd , LF next RF , RF fwd.
7, 8 LF Step fwd. , Weight back on RF

Sec 2: Shuffle ½ Turn L, HeelR, Heel I, Cross Rock, Chasse R

1 & 2 LF ¼ Turn left , RF next LF , LF ¼ Turn left
3 & 4 RF Heel touch fwd. , Weight on RF, LF Heel touch fwd.
&5, 6 LF back, RF cross over LF, Weight back on LF
7 & 8 RF Step right , LF next RF , RF Step right

Sec. 3: Back Rock L, Step L, Touch, Kick R, Touch L, Touch R, Touch L

1, 2 LF cross behind RF , Weight back on RF
3, 4 LF Step left , RF touch next to LF
5 & 6 RF kick fwd , RF next to LF , LF Toe touch left
&7&8 LF next to RF, RF Toe touch right , RF next to LF, LF Toe touch left

Sec. 4: Cross Rock L, Shuffle ¼ L, Stomp R, Stomp L, Clap 2x

1, 2 LF cross over RF, Weight back on RF
3 & 4 LF Step wit ¼ turn left , RF next to LF , LF SStep with ¼ turn left
5, 8 RF Stomp , LF Stomp
7, 8 Clap, Clap your Hands

Dance start again...

RF – right foot LF – Left foot