

Friends to Count On

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 2 級數: Phrased Intermediate
編舞者: Kim Liebsch (DK) - January 2020
音樂: Run Through Walls - The Script : (3:26)



Intro: 32 counts after first beat (appr. 19 seconds) Start with weight on L foot

Sequence: A- B- A- B- C -B- B- B

Ending: Step ¼ turn L, stepping R to R side on count 28 to face 12:00

A Pattern

A1 section: Side together, scissor step, 2 X ¼ turn, cross rock ¼ turn

1-2 Step R to R side, step L next to R 12:00
3&4 Step R to R side, step L next to R, cross R over L 12:00
5-6 Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side 6:00
7&8 Cross L over R, recover on R , make ¼ L stepping fw. on L 3:00

A2 section: Side together, scissor step, 2 X ¼ turn, cross rock recover ¼ turn

1-2 Step R to R side, step L next to R 3:00
3&4 Step R to R side, step L next to R, cross R over L 3:00
5-6 Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side 9:00
7&8 Cross L over R, recover on R , make ¼ L stepping fw. on L 6:00

A3 section: Rock recover, back lock back, back rock, step ½ turn back

1-2 Rock fw. on R, recover on L 6:00
3&4 Step back on R, lock L in front of R, step back on R 6:00
5-6 Rock back on L, recover on R 6:00
7&8 Step fw. on L, make ½ turn L stepping back on R, step back on L 12:00

A4 section: Walk walk, step ¼ cross, 2 X ¼ turn, cross rock recover ¼ turn

1-2 Walk fw. on R, walk fw. on L 12:00
3&4 Step fw. on R, make ¼ L stepping L to L side, cross R over L 9:00
5-6 Make ¼ turn R stepping back on R, make ¼ turn R stepping R to R side 3:00
7&8 Cross L over R, recover on R, make ¼ turn L stepping fw. on L 12:00

B Pattern:

B1 section: Basic ¼ turn, step ½ turn ¼ turn, 2 X sway, cross rock

1-2&3 Step R to R side, close L beside R, cross R over L, make ¼ turn L stepping fw. on L 9:00
4&5 Step fw. on R, make ¼ turn L stepping fw. on L, make ¼ turn L stepping R to R side 12:00
6-7 Sway L- R 12:00
8& Cross L over R, recover on R 12:00

B2 section: ¼ turn, step lock step, rock recover ½ turn, walk walk, step ½ turn

1-2&3 Make ¼ turn L stepping fw. on L, step fw. on R, lock L behind R, step fw. on R 9:00
4&5 Rock fw. on L, recover on R, make ½ turn L stepping fw. on L 3:00
6-7 Walk fw. on R, walk fw. on L 3:00
8& Step fw. on R, make ½ turn L stepping fw. on L 9:00

B3 section: Extended vine, cross rock, step side extended vine, cross rock, ¼ turn

1&2& Cross R over L, step L to L side, cross R behind L, step L to L side 9:00
3-4 Cross R over L, recover on L 9:00
&5&6& Step R to R side, cross L over R, step R to R side, cross L behind R, step R to R side 9:00

7-8& Cross L over R, recover on L, make ¼ turn L stepping fw. on L 6:00

B4 section: Basic ¼ turn, step ½ turn ¼ turn, 3 X sway

1-2&3 Step R to R side, close L beside R, cross R over L, make ¼ turn L stepping fw. on L 6:00

4&5 Step fw. on R, make ¼ turn L stepping fw. on L, make ¼ turn L stepping R to R side 6:00

6-7-8 Sway L-R-L 6:00

C Pattern:

C1 section: Cross back back cross, back back touch, step lock step scuff, step lock step touch

1&2& Cross R over L, step back on L, step back on R, cross L over R 12:00

3&4 Step back on R, step back on L, touch R beside L 12:00

5&6& Step fw. on R, lock L behind R, step fw. on R, scuff L fw. 12:00

7&8& Step fw. on L, lock R behind L, step fw. on L, touch R beside L 12:00

C2 section: Syncopated rocking chair, step ¼ cross, 2 X ¼ turn cross, recover ¼ turn touch

1&2& Rock fw. on R, recover on L, rock back on R, recover on L 12:00

3&4 Step fw. on R, make ¼ turn L stepping L to L side, cross R over L 9:00

5&6 Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side, cross L over R 3:00

7&8 Recover on R, make ¼ turn L stepping fw. on L, touch R beside L 12:00

C3 section: Cross back back, cross back back cross back with kick, cross ¼ turn step side, cross back back cross back with kick

1&2 Cross R over L, step back on L, step back on R 12:00

&3&4& Cross L over R, step back on R, step back on L, cross R over L, step back on L while kicking R fw. 12:00

5&6 Cross R over L, make ¼ turn R stepping back on L, step R to R side 3:00

&7&8& Cross L over R, step back on R, step back on L, cross R over L, step back on L while kicking R 3:00

C4 section: Cross ¼ turn step side, cross back back cross, step side back rock, step ½ turn

1&2 Cross L over R, make ¼ turn R stepping back on L, step R to R side 6:00

&3&4 Cross L over R, step back on R, step back on R, cross R over L 6:00

5-6& Step L to L side, rock back on R, recover on L 6:00

7-8 Step fw. on R, make ½ turn L stepping fw. on L 12:00

GOOD LUCK & N'JOY
