

Changed

拍數: 112 牆數: 2 級數: Phrased Intermediate
編舞者: Bonita Malone (USA) - January 2020
音樂: Changed - Jordan Feliz



A: 64 counts, 1 wall
B: 32 counts, 2 walls
C: 16 counts, 2 walls

#16 count introduction
Sequence: A-B-B-A-B-B-C-C-A-B-B-C-C-A(31 counts)

A: 64 counts, 1 wall

A1: SIDE R, HOLD, ROCK BACK L, RECOVER, SIDE L, HOLD, ROCK BACK R, RECOVER

1234 Step R side (1), hold (2), rock back on L (3), recover R (4)
5678 Step L side (5), hold (6), rock back on R (7), recover L (8) [12:00]

A2: VINE R ¼ TURN R, BRUSH L, ROCKING CHAIR

1234 Step R side (1), cross back L (2), step R ¼ turn (3) [3:00], brush L fwd (4)
5678 Rocking chair LRLR (5,6,7,8) [3:00]

A3: KICK L, STEP CROSS FRT, ROCK BACK R, RECOVER ¼ TURN R, KICK R, STEP CROSS FRT,
ROCK BACK L ¼ TURN, RECOVER

1234 Kick L (1), step L cross frt (2), rock back R (3), recover ¼ turn (4) [6:00]
5678 Kick R (5), step R cross frt (6), rock back L (7), recover ¼ turn (8) [9:00]

A4: STEP L FWD SHUFFLE, BRUSH FWD R, JAZZ BOX ¼ TURN TO R

1234 Step L fwd (1), step R together (2), step L fwd (3), brush R fwd (4) [9:00]
5678 Step R cross frt (5), step L back (6), step ¼ turn R (7), step L cross frt (8) [12:00]

A5: STEP R SIDE, TOUCH L, KICK FWD, STEP L BACK, ROCK BACK R, RECOVER L, ¼ PIVOT TURN TO
L

1234 Step R side (1), touch L next to R (2), kick L fwd (3), step back on L (4)
5678 Rock back R (5), recover L (6), ¼ pivot turn R,L (7,8) [9:00]

A6: WEAVE TO L, ROCK SIDE L, RECOVER, ¼ TURN STEP BACK L, STEP R TOGETHER, STEP FWD L

1234 Step R cross frt (1), step side L (2), step R cross back (3), rock side L (4)
5678 Recover on R (5), ¼ turn step back on L (6), step together R (7), step fwd L (8) [6:00]

A7: STEP FWD R, HOLD, ½ PIVOT TURN L, HOLD, ROCK SIDE R, RECOVER, TOE STRUT

1234 Step fwd on R (1), hold (2), ½ turn step on L (3), hold (4) [12:00]
5678 Rock side R (5), recover (6), R toe strut in place (7,8) [12:00]

A8: ROCK SIDE L, RECOVER, TOE STRUT, KICK, KICK, ROCK BACK RECOVER

1234 Rock side L (1), recover (2), L toe strut in place (3,4)
5678 R kick (5), R kick (6), rock back R (7), recover (8) [12:00]

B: 32 counts, 2 walls

B1: WALK R,L,R, TOUCH, WALK L,R,L, TOUCH

1234 Walk R,L,R in a slight arch for ½ turn to R (1.2.3) touch L (4) [6:00]
5678 Walk L,R,L in a slight arch for ½ turn to L (5,6,7), touch R (8) [12:00]

B2: R SIDE, TOGETHER, FWD, TOUCH L, SIDE, TOGETHER, BACK, TOUCH

1234 Step R side (1), step L together (2), step R fwd (3), touch L (4)

5678 Step L side (5), step R together (6), step L back (7), touch R (8) [12:00]

B3: STEP BACK R, TOUCH L, STEP BACK L, TOUCH R, COASTER STEP, STEP L FWD

1234 Step R back (1), touch L (2), step L back (3), touch R (4)

5678 Coaster step RLR (5,6,7), step L fwd (8) [12:00]

B4: ¼ TURN STEP R CROSS FRT, HOLD, ROCK SIDE, RECOVER, STEP L CROSS FRT, HOLD, ¼ TURN STEP R, STEP L

1234 ¼ turn R step R cross frt (1), hold (2), rock side L (3), recover R (4) [3:00]

5678 step L cross frt (5), hold (6), ¼ turn step R (7), step L together (8) [6:00]

C: 16 counts, 2 walls

C1: STEP DIAG R, STEP L CROSS FRT, KICK R, STEP R CROSS FRT, STEP DIAG BACK L, R, KICK CROSS L, STEP BACK L

1234 Step R to diagonal [1:30] (1), step L cross frt (2), kick R [1:30] (3), step R cross frt (4)

5678 Step L diagonal back [7:30] (5), step R back (6), kick L cross frt (7), step L back [7:30] (8) [1:00]

C2: ROCK BACK R, RECOVER, ½ PIVOT TURN, STEP, TOUCH, STEP, TOUCH

1234 Rock back R (1), recover L (2), ½ pivot turn RL (3,4) [1:00 to 7:00]

5678 Step R (5), touch L (6) squaring to 6:00, step L (7), touch R (8) [6:00]
