

Hand On Heart

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate NC
編舞者: Myra Harrold (SCO) - January 2020
音樂: I Don't Want to Talk About It (1989 Version) - Rod Stewart : (Album: Some Guys
Have All The Luck)



Intro:16

SECT:1 PRISSY WALKS,CROSS ROCK,SIDE ROCK,1/4,ROCK BACK,RECOVER,FULL TURN,SIDE ROCK, RECOVER

1,2,3&4& Cross Rf Over Lf(1)Cross Lf Over Rf(2)Rock Rf Over Lf(3)Recover On Lf(&)Rock Rf To R(4)Recover On Lf(&) (12)
5,6,&7,8& Turn 1/4 R,Rock Rf Back(5)Recover On Lf(6)Rf Fwd,Full Turn(&)Lf Fwd(7)Rock Rf To R(8) Recover On Lf(&) (3)

SECT:2 1/8 L,ROCK,RECOVER,BALL CHANGE,HITCH,CROSS,1/4,1/2,FWD,FULL TURN,1/2 PIVOT

1,2&3 Turn 1/8 L,Rock Rf Fwd(1)Recover On Lf(2)Close Rf To Lf(&) Lf Fwd,Hitch Rf(3) (1.30)
4&5 Turn 1/8 L,Cross Rf Over Lf(4)1/4 Pivot R,Lf Back(&)1/2 Pivot R,Rf Fwd(5) (9)
6,7&8& Lf Fwd(6)Pivot 1/2 L,Rf Back(7)Pivot 1/2 L,Lf Fwd(&)Rf Fwd(8)Pivot 1/2 L,Lf Fwd(&) (3)

SECT:3 1/4 L,N/C BASIC,1/4 R,L BACK,DRAW,FULL TURN,BACK,SIDE ROCK,RECOVER,BEHIND,SIDE

1,2&3 Pivot 1/4 L,Rf To R(1)Rock Lf Behind Rf(2)Recover On Rf(&)Pivot 1/4 R,Lf Back,Draw Rf To Lf(3) (3)
4&5 1/2 Pivot R,Rf Fwd(4)1/2 Pivot R,Lf Back(&)Rf Back(5) (3)
6,7,8& Sway Lf To L(6)Sway Rf To R(7)Lf Behind Rf(8)Rf To R(&) (3)

SECT:4 CROSS,SWEEP,CROSS,SIDE,BEHIND,SWEEP,BEHIND,1/4,FWD,1/2 PIVOT R,1&1/2 PIVOTS L

1,2& Cross Lf Over Rf,Sweep Rf Fwd(1)Cross Rf Over Lf(2)Lf To L(&) (3)
3,4& Rf Behind Lf,Sweep Lf Back(3)Lf Behind Rf(4)Pivot 1/4 R,Rf Fwd(&) (6)
5,6,7&8 Lf Fwd(5)Pivot 1/2 R(6)Pivot 1/2 L,Lf Fwd(7)Pivot 1/2 L,Rf Back(&)Pivot 1/2 L,Lf Fwd(8) (6)

Restart Wall 3 -At End Of Sect:2,Pivot 1/4 L To Restart Dance At 12 O.Clock

Restart Wall 7-At End Of Sect:2,Pivot 1/4 L To Restart Dance At 6 O.Clock

Hold On Walls 2,5,8 - Sect:4 ,Counts 6,7, Hold These 2 Counts (Right Hand On Heart) Pivot 1/2 L On Count 8 To Restart Dance At 12 O.Clock